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Low-flow Perfusion of Guinea Pig Isolated Hearts With 26°C Air- saturated Lifer Solution for 20 Hours Preserves Function and Metabolism

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Abstract

Background: Donor human hearts cannot be preserved for >5 hours between explantation and recipient implantation. A better approach is needed to preserve transplantable hearts for longer periods, ideally at ambient conditions for transport. We tested whether Lifer solution could satisfactorily preserve guinea pig isolated hearts perfused at low flow with no added oxygen at room temperature for 20 hours.

Methods: Hearts were isolated from 18 guinea pigs and perfused initially with oxygenated Krebs–Ringer (KR) solution at 37°C. Hearts were then perfused with recirculated Lifer or cardioplegia (CP) solution (K^+ 15 mmol/liter) equilibrated with room air at 20% of control flow at 26°C for 20 hours. Hearts were then perfused at 100% flow with KR for 2 hours at 37°C.

Results: Lifer and CP arrested all hearts. During the 20-hour low-flow perfusion with Lifer coronary pressure increased by 6 ± 2 mm Hg and percent oxygen extraction by $29 \pm 2\%$, whereas oxygen consumption (MVO_2) decreased by $74 \pm 4\%$. Similar changes were noted for CP, except that MVO_2 was decreased by $86 \pm 7\%$. After 20-hour low-flow perfusion with Lifer and 2 hours of warm reperfusion with KR solution, diastolic left ventricular pressure (LVP), maximal $dLVP/dt$ and percent oxygen extraction returned completely to baseline values, whereas heart rate returned to $80 \pm 3\%$, developed LVP to $76 \pm 3\%$, minimal $dLVP/dt$ (relaxation) to $65 \pm 4\%$, coronary flow to $80 \pm 4\%$, oxygen consumption to $82 \pm 4\%$ and cardiac efficiency to $85 \pm 4\%$ of

baseline values. Flow responses to adenosine and nitroprusside after Lifer treatment were $65 \pm 3\%$ and $64 \pm 3\%$ of their baseline values. After cardioplegia, treatment there was no cardiac activity, with a diastolic pressure of 35 ± 14 mm Hg and a return of coronary flow to only $45 \pm 3\%$ of baseline value.

Conclusions: Compared with a cardioplegia solution at ambient air and temperature conditions, Lifer solution is a much better medium for long-term cardiac preservation in this model.

In cardiac transplantation, the transport time between harvest and recipient implantation is limited by the viability of the donor heart. Cold storage of human hearts for transplantation currently limits functional viability to 4 to 5 hours despite development and clinical availability of approximately 10 different heart preservation solutions. There remains a lack of consensus on the ideal solution. Two major problems with current approaches are the need for severe hypothermia (3° to 6°C) and the lack of tissue perfusion during transport. Very low-flow perfusion of hearts at room temperature without supplemental oxygen would facilitate a lengthening of the period of viability and reduce the need for complicated support equipment during transport. To do so requires a suitable preservation solution. Lifer is a fully artificial preservation medium containing both a non-protein oxygen and nutrient carrier (nanoparticles) and cellular nutrients, including amino acids and sugars. Our aim was to compare a cardioplegia (CP) solution with Lifer solution when recirculated into hearts at room temperature and atmospheric conditions for 20 hours. Our aim was to determine whether Lifer was more effective than CP in preserving cardiac electrical, mechanical, vascular and metabolic function on restitution with a normal physiologic crystalloid solution.

Methods

Langendorff Heart Preparation

The present investigation conformed to the *Guide for the Care and Use of Laboratory Animals* (NIH publication 85-23, revised 1996). Prior approval was obtained from the institutional biomedical resource committee. Our Langendorff heart method has been described previously in detail.¹⁻⁵ Isolated hearts were perfused with in-line-filtered (20- μm pore) and oxygenated (pH 7.39 ± 0.1 , Po_2 562 ± 11 mm Hg) Krebs-Ringer (KR) solution containing (in millimoles per liter): 137 Na^+ , 5 K^+ , 1.2 Mg^{2+} , 2.5 Ca^{2+} , 134 Cl^- , 15.5 HCO_3^- 1.2

H₂PO₄⁻, 11.5 glucose, 2 pyruvate, 16 mannitol and 0.05 ethylene-diamine tetraacetic acid (EDTA), with 5 units/liter insulin. Perfusate temperature was maintained at 37.2 ± 0.1°C before and after CP (*n* = 7 hearts) or Lifor treatment (*n* = 11 hearts).

Lifor (Lifeblood Medical, Inc., Freehold, NJ) is a proprietary (U.S. Patent #7,220,538) solution containing sugars, amino acids, salts, buffers, colloids and lipid nanoparticles, as defined in the patent. The CP and Lifor solutions had the following compositions, respectively, when equilibrated with room air at 26°C: 295 ± 4 and 297 ± 5 mOsm/liter; pH 7.07 ± 0.01 and 7.08 ± 0.01; Pco₂ 5.0 ± 0.2 and 6.0 ± 0.3 mm Hg; Po₂ 169 ± 2 and 167 ± 3 mm Hg; Na⁺ 136 ± 2 and 98 ± 1 mmol/liter; K⁺ 15.1 ± 0.4 and 15.8 ± 0.5 mmol/liter; and Ca²⁺ 0.25 ± 0.03 and 0.17 ± 0.02 mmol/liter. Lifeblood Medical had no role in the collection, analysis and interpretation of data or the right to approve or disapprove its publication. Additives to CP and Lifor were 10 µmol/liter adenosine and 1 µmol/liter blebbistatin, a myosin II inhibitor.^{6,7} Bartel's antibiotic solution (3%, containing gentamycin, streptomycin and amphotericin B) was also added to the preservation solutions because hearts were not harvested in a sterile manner and the solution was exposed to room air. During the 20-hour treatment period with 250 ml of recirculated CP or Lifor, coronary inflow was set at 15% to 20% of the baseline flow of approximately 17 ml/min, so that this volume was recirculated through the vasculature approximately 12 times. Recirculation was achieved using pump and tubing between the right ventricle (coronary sinus) and aortic inflow (coronary ostia) cannula.

Left ventricular pressure (LVP) and its first derivative (*dLVP/dt*) were measured isovolumetrically with a transducer and a saline-filled balloon inserted into the LV through the mitral valve. Balloon volume was initially adjusted to a diastolic LVP of 0 mm Hg so that any subsequent increase in diastolic LVP reflected diastolic contracture. Heart rate was monitored from bipolar electrodes in the right atrial appendage and right ventricular free wall. Coronary flow was measured by an ultrasonic flowmeter placed into the aortic in-flow line. Coronary sinus effluent was collected from a catheter placed into the right ventricle through the pulmonary artery after ligating both venae cavae. Coronary effluent Na⁺, K⁺, Ca²⁺, Po₂, Pco₂ and pH were measured intermittently. Coronary outflow (sinus) oxygen tension was

also measured in-line with a Clark-type oxygen electrode. Percent oxygen extraction was calculated as $100 \cdot (P_{ao_2} - P_{vo_2})/P_{ao_2}$ (where P_{ao_2} and P_{vo_2} are arterial and venous P_{o_2} , respectively). Myocardial oxygen consumption (MV_{o_2}) was calculated as (coronary flow/g) \cdot (arterial $P_{ao_2} - P_{vo_2}$) \cdot 24 μ l O_2 /ml (37°C) or 26.5 μ l O_2 /ml (26°C) at 760 mm Hg; and cardiac work efficiency was calculated as: systolic-diastolic LVP \cdot heart rate/ MV_{o_2} .

All data were collected from hearts in sinus rhythm at baseline. After the 20-hour treatment period and a 2-hour reperfusion period with KR, hearts were removed and the ventricles were cut into 4 or 5 horizontal sections and stored overnight in 10% formaldehyde. Wet heart weight was 1.46 ± 0.07 g averaged for both groups. Ventricular infarct size (percent of total ventricular weight) was determined by one of the investigators (J.S.H.) without knowledge of the treatment, using the 2,3,5-triphenyltetrazolium chloride (TTC) staining method.^{3,5}

Protocol

Each experiment lasted 23 hours, beginning after 30 minutes of equilibration. Ten-second recordings of atrial and ventricular electrograms, LVP, coronary flow, venous P_{o_2} , perfusion pressure and temperature were recorded automatically every 30 minutes (PowerLab, ADInstruments, info@adstruments.com). There was no time-control group. We previously reported a comparison of Lifer and ViaSpan treatments for 10 hours to a time-control group.⁵ Because the ViaSpan-treated groups were non-viable, in the present study we compared the Lifer treatment with a cardioplegia treatment. Hearts were allowed to cool from 37°C to $26.2 \pm 0.05^\circ\text{C}$ over 10 minutes at the initiation of treatment and were rewarmed from 26.2°C to 37°C over 10 minutes on reperfusion with KR as during baseline conditions (Figure 1A). LVP, coronary flow and coronary venous P_{o_2} were measured continuously before, during and after treatment. Hearts arrested immediately with CP or Lifer treatments.

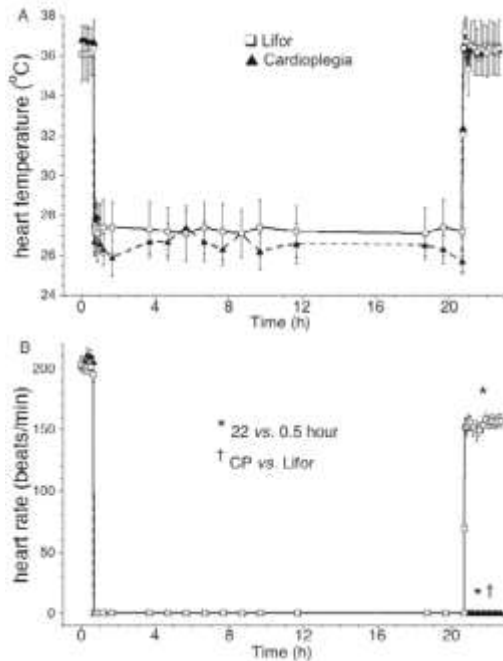


Figure 1 (A) Cardiac temperature before, during and after treatment with air-equilibrated, recirculated CP or Lifer solution for 20 hours at 20% baseline flow. (B) Both treatment-arrested hearts; after treatment, CP treated hearts did not beat. Heart rate in the Lifer-treated group was lower than before treatment.

Statistical Analysis

All data are presented as mean \pm SEM. Data were analyzed by 1-way (within-group) analysis of variance (SuperANOVA 1.11; Abacus Concepts, Berkeley, CA) for comparison of data collected at the selected time-points of 10 and 20 hours (during treatment) and 22 hours (2 hours after treatment) vs that at 0 hours (37°C pretreatment baseline). Two-way analysis of variance (between groups) was determined at these same time-points. If *F*-values from the analyses of variance were significant, Duncan's and least-significant-difference (LSD) post hoc tests were used to clarify differences over time and between the two groups ($p < 0.05$, 2-tailed).

Results

CP and Lifer solutions arrested all hearts (Figure 1B). Each heart in the CP-treated group exhibited no electrical or contractile activity on reperfusion 22 hours later with KR solution, whereas each Lifer-treated

heart had rhythmic contractions on reperfusion. None of the Lifer-treated hearts exhibited ventricular dysrhythmias throughout the post-treatment period. Two hours after terminating Lifer treatment, heart rate was $20 \pm 3\%$ lower than baseline and developed (systolic–diastolic) LVP (Figure 2A) returned to $76 \pm 3\%$ of baseline values after 2-hour reperfusion. Diastolic LVP (Figure 2B) remained very low on reperfusion with KR in the Lifer group, but diastolic contracture (35 ± 14 mm Hg) occurred in the CP group. With 2-hour reperfusion, minimal $dLVP/dt$, an index of relaxation (Figure 3A), returned to $65 \pm 4\%$, whereas maximal $dLVP/dt$, an index of contractility (Figure 3B), returned to $100 \pm 3\%$ of baseline values in the Lifer group.

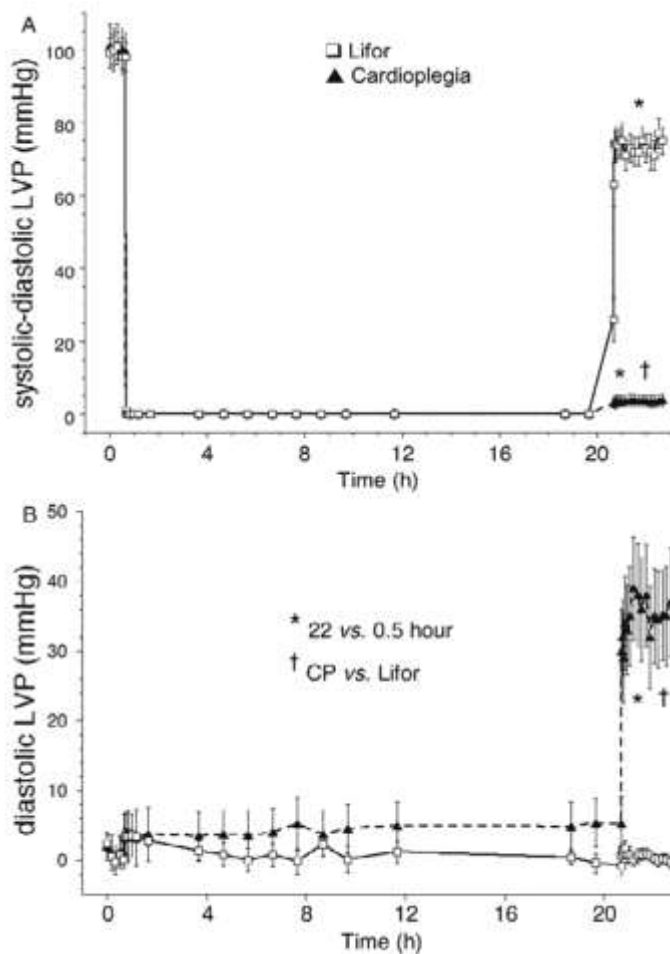


Figure 2 (A) Developed (systolic–diastolic) left ventricular pressure (LVP) was near zero after CP treatment and reduced after Lifer treatment. (B) Diastolic LVP was not altered during or after Lifer treatment but was markedly increased after CP treatment.

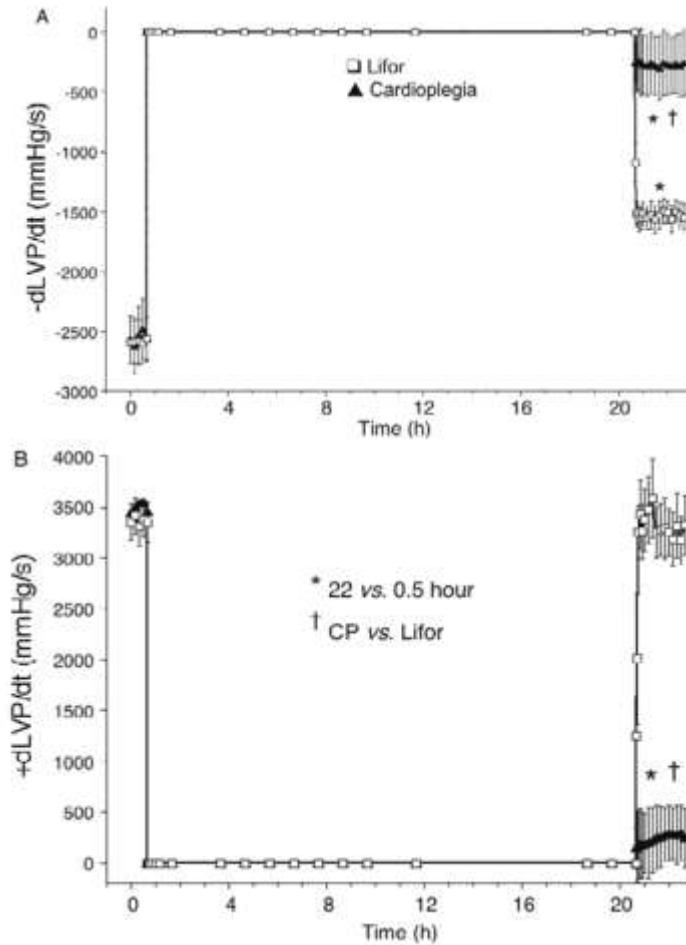


Figure 3 (A) Minimal $dLVP/dt$ was lower after treatment with air-equilibrated, re-circulated Lifor for 20 h at 26°C at 20% baseline coronary flow. (B) Maximal $dLVP/dt$ was fully restored after Lifor treatment. CP-treated hearts exhibited no contractility or relaxation.

Coronary flow (Figure 4A) was set constant (2.0 ± 0.4 ml/g/min) at 20% of the baseline flow (10 ± 2 ml/g/min) during CP and Lifor treatments. On reperfusion after Lifor, coronary flow returned to $80 \pm 4\%$ of the baseline value, but to only $45 \pm 3\%$ of baseline after CP. Coronary perfusion pressure was set to 55 ± 2 mm Hg before and after CP or Lifor treatments. Constant flow perfusion pressure (Figure 4B) increased slightly from 4 ± 1 to 10 ± 2 mm Hg between 1 and 20 hours in both groups and was higher on reperfusion after CP than after Lifor. Responses to adenosine and nitroprusside (Figure 5A) were lower by $35 \pm 3\%$ and $36 \pm 3\%$ compared with their baseline values in the Lifor group; there were no responses in the CP group

(data not shown). Percent oxygen extraction (Figure 5B) increased by approximately 29% during CP or Lifer treatment and returned to the baseline level on reperfusion after Lifer treatment but remained higher after CP treatment. Oxygen consumption (Figure 6A) fell to $26 \pm 6\%$ and $15 \pm 8\%$ of baseline during the Lifer and CP treatments and returned to $82 \pm 4\%$ and $83 \pm 6\%$ of control after 2-hour reperfusion, respectively. Cardiac efficiency (Figure 6B) was zero during treatments as hearts did not beat or generate pressure and returned to $85 \pm 4\%$ of baseline during 2-hour reperfusion with Lifer compared with its baseline. Cardiac efficiency was zero on reperfusion after CP. Apparent percent infarct size after Lifer treatment and 2-hour warm reperfusion was $18.6 \pm 0.1\%$; for the CP group infarct size was $59.5 \pm 0.2\%$.

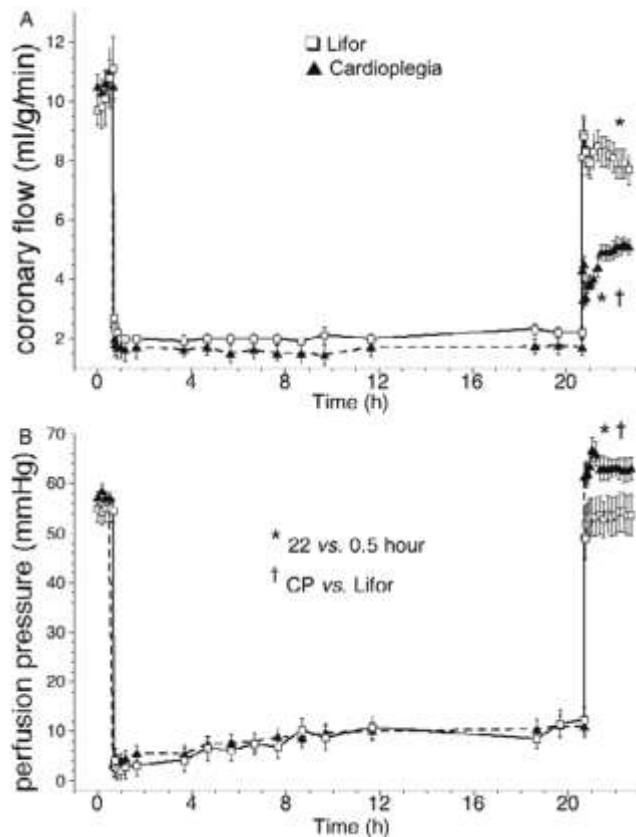


Figure 4 (A) Coronary flow was natural at constant pressure (55 mm Hg) before and after treatment, and pump perfused at 20% of the natural flow during treatment. Natural coronary flow was lower than baseline after Lifer treatment but even lower after CP treatment. (B) During either treatment, perfusion pressure gradually increased at the constant coronary flow of 20% baseline, indicating increased flow resistance.

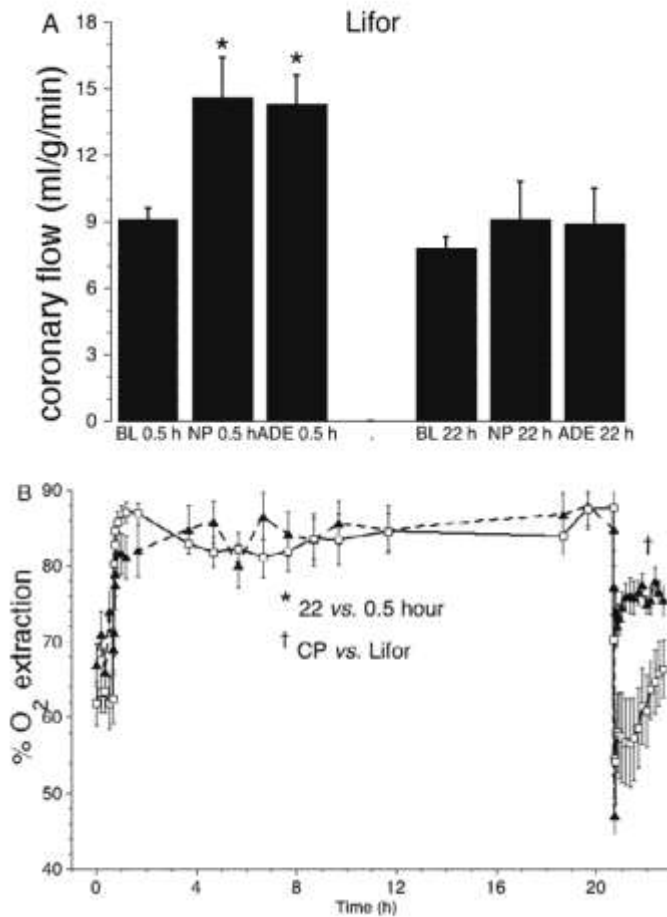


Figure 5 (A) Before Lifer treatment (0.5 hours), coronary flow increased with nitroprusside (NP) and adenosine (ADE) compared with baseline (BL). After treatment (22 hours), vasodilator responses were attenuated. After CP treatment, there were no flow responses to ADE or NP (data not shown). (B) Percent oxygen extraction increased during Lifer treatment when Po₂ was reduced from 97% to 20% (room air), but returned to baseline levels after treatment. After CP treatment, percent oxygen extraction remained high.

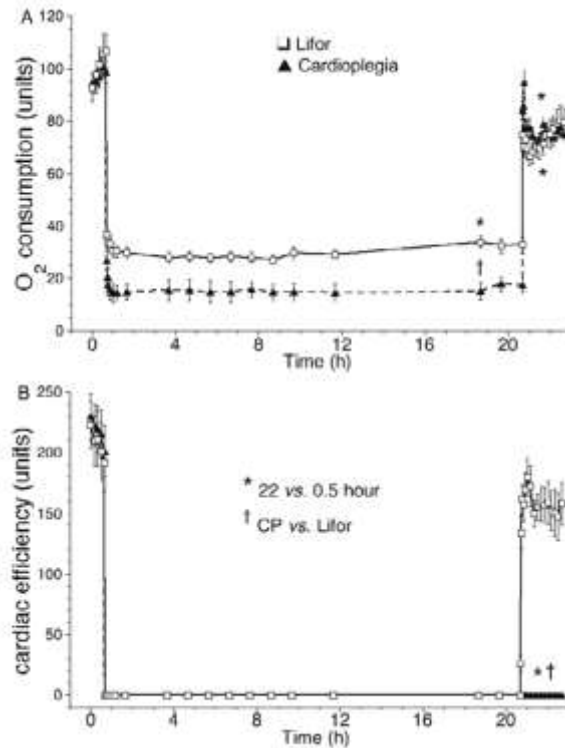


Figure 6 (A) Oxygen consumption decreased markedly during Lifor or CP treatment, while hearts were arrested and Po₂ was lower, but was less decreased during Lifor than during CP treatment. After treatment, oxygen consumption was lower than baseline in both groups. (B) Cardiac efficiency (heart rate · systolic — diastolic LVP/O₂ consumption) was zero during CP and Lifor treatments and was zero after CP treatment and lower than baseline after Lifor treatment.

Discussion

This is a second report on Lifor, a nanoparticle salt-based solution containing amino acids and other additives as a heart preservation solution. In our first report⁵ we found that Lifor was a much better preservation solution for isolated hearts than was ViaSpan, a commonly used preservation solution, when each were low-flow perfused at ambient air and temperature conditions for 10 h. We found that re-circulated Lifor solution, supplemented with adenosine and butanedione monoxime (BDM) and given both as a cardioplegic agent and as a preservation medium, protected hearts against damage for 10 hours at 26°C.⁵ Lifor-treated hearts exhibited a full return of developed LVP and $dLVP/dt$ minimum (relaxation), and initially, of $dLVP/dt$ maximum (contractility).⁵ Under the same experimental

conditions as for Lifor, hearts treated with ViaSpan were completely non-functional (no heart beat or contractile effort), with diastolic contracture and high coronary vascular resistance during the 2-hour reperfusion period with KR solution.

In the present study we extended the treatment time from 10 to 20 hours. CP-treated hearts were nonfunctional on reperfusion after 20 hours. In contrast, we found that low-flow perfusion of Lifor for 20 hours at ambient atmospheric and temperature conditions was followed on reperfusion with KR solution by complete cardiac protection for a number of variables, such as diastolic LVP, contractility and percent oxygen extraction, and small functional declines in other variables, such as heart rate, developed LVP, relaxation, coronary flow, oxygen consumption and cardiac efficiency. The gradual but small decline in function over time in constant-pressure-perfused, isolated hearts at 37°C is well documented. We have typically noted a fall in developed LVP of approximately 3% to 4% per hour or 9% to 12% over 3 hours.⁸⁻¹⁰ In the present study, developed LVP decreased by 24% over the 3-hour perfusion with KR solution and 20-hour perfusion with Lifor. In our prior study,⁵ 15-hour perfusion with KR at 37°C resulted in a 35% decline in developed LVP. Thus, there was effectively little fall in LVP during this 23-hour study compared with a shorter time-control study. Decreases in heart rate and functional indices can be largely attributed to catecholamine depletion over time.

The decline in oxygen consumption was primarily due to the small decrease in coronary flow because percent oxygen extraction was unchanged after compared with before treatment. Cardiac efficiency by definition, however, was more decreased by the decline in heart rate and developed LVP than by the fall in oxygen consumption. Vascular resistance to flow increased progressively but mildly during Lifor treatment. Moreover, the maximal vasodilatory responses to nitroprusside and adenosine were depressed after Lifor treatment compared with before Lifor treatment. These findings likely reflect mild vascular edema because both direct vascular smooth muscle relaxation (adenosine) and endothelium-mediated (nitroprusside) muscle relaxation were blunted.

In our prior companion study,⁵ BDM and adenosine were added because we reported improved function with these additives in a

severe-cold-storage heart model.^{1,11} BDM is a non-specific reversible inhibitor of the actinomyosin complex.^{12,13} In the present study we used blebbistatin, a recently discovered inhibitor of the ATPases associated with Class II myosin isoforms in an actin-detached state.^{6,7} Blebbistatin is highly specific for myosin II inhibition in cardiac and skeletal muscle, but not in smooth muscle. Our rationale for its use was that it might reduce or prevent diastolic contracture because the myosin II head regions are responsible for attachment and movement along the actin-based thin filaments that generate muscle contraction.

The apparent small infarct size in the Lifer group could represent true infarction, but it is rather likely a result of the inaccuracy in identifying and cutting out suspected small infarcted areas for weighing. The values obtained are within the detection error of the method,¹⁴ because the TTC staining-by-weight method to determine the percentage of infarcted tissue is not reliable at lower degrees of infarction, as indicated by the apparent $11 \pm 3\%$ infarct size we measured after 3-hour KR perfusion without ischemia in another study.¹⁵

Quest for Better Techniques and Solutions

During the past decade, over 600 articles have been published on cardiac preservation techniques and solutions, but there is no consensus on the best approaches to long-term preservation of hearts for transplant. Although there are suitable long-term preservation techniques for the liver and kidney, hearts cannot be well protected for periods of more than 4 or 5 hours.^{16–20} More popular experimentally tested and clinically used solutions include ViaSpan^{21–24} (also called UW solution), HTK (histidine–tryptophan–ketoglutarate-based solution, or Bretschneider's),^{25,26} Celsior (anti-oxidant-based solution with mannitol, reduced glutathione, plus high Mg^{2+} , lactobionate and glutamate)^{27–31} and STH (St Thomas' Hospital, a high K^+ , high Mg^+ , low Ca^{2+} , lidocaine-containing solution)^{32–35}; others include Euro-Collins and Stanford solutions. Most of these solutions have a "cardioplegic" (high $[K^+]$) base to arrest the heart.

All these solutions have limitations regarding adequacy and length of protection,³⁶ and their protective effects are dependent on study conditions.^{32,37,38} Many of the heart studies have compared one

preservation solution with another,^{26,29–33,35,39–44} and with or without additives, such as channel activators or blockers,^{1,11,45–49} exchange inhibitors,^{50–52} anesthetics,^{2,9,49} nitric oxide (NO) donors,⁵³ perfluorocarbons⁵⁴ or BDM.^{1,30,55} For example, Celsior solution preserved function better than ViaSpan in several studies,^{44,56} whereas others found that ViaSpan was better than Celsior.^{29,30} HTK was found to be more protective than ViaSpan in one study,⁴³ whereas another found the reverse to be true.²⁶ A newer solution, LYPS (extracellular type with low Ca^{2+} and Mg^{2+} , added pyruvate, polyethylene glycol and chlorpromazine), was tested using a biopsy technique for tissue viability to evaluate the independent effects of 19 compounds found in other preservation solutions.⁵⁷ This solution was better for preserving pig hearts stored for 8 hours at 4°C than was STH solution.⁵⁷ In a rat model (8 hours, 4°C), LYPS was better than ViaSpan (intracellular-type UW, or extracellular-type UW-1), but was equivalent to Celsior.⁴¹

Perfusion storage of hearts is rarely used clinically compared with simple immersion into an ice-jacketed container, because it is more complicated and costly to undertake. Perfusion storage could require a mechanical pump, a cooling system, an oxygen supply tank and a very large volume of non-recirculated solution to perfuse the coronary vasculature. Moreover, to be warranted as the best technique, perfusion preservation must lead to superior return of function after a long period compared with simple storage, particularly if severe cooling is to be avoided. A recent review suggested that a perfusion system is required to effectively preserve hearts for increasingly longer periods between explant and implant.¹⁷ Animal studies have shown the superiority of low-flow perfusion techniques.^{1,2,58,59}

Another concern for long-term protection of hearts is the need for severe hypothermia. The colder the hearts the longer they can be protected against no-flow ischemia.^{8,50,52} Severe hypothermia reduces energy demand and therefore it is useful to protect hearts metabolically against ischemic injury during cardiac storage prior to transplantation. Hypothermia preserves essential mechanisms during heart transport to rapidly regenerate ATP on reperfusion by decreasing energy utilization.

Although hypothermia is the most effective method to preserve hearts during ischemic storage, hypothermia itself has deleterious effects on the contractile element and endothelial cell function as cooling is more severe. Two of these effects include cytosolic⁶⁰ and mitochondrial³ Ca^{2+} loading, another is excess release of reactive oxygen species (ROS).⁶¹ Either of these can result in mitochondrial and cellular damage proportional to the degree and duration of hypothermia. For example, we reported that cardiac perfusion at 17°C before ischemia itself caused a moderate and steady-state increase in mitochondrial Ca^{2+} , a more reduced redox state (increased NADH), and moderate production of ROS.³ Under different mitochondrial conditions, either low or high tissue oxygen levels can lead to ROS generation.^{4,62}

Less cooling and oxygenation in cell-free preservation solutions should be offset by methods to increase tissue oxygen and nutrient delivery, particularly if a solution is to be recirculated to reduce the volume of coronary perfusate required. Our goal in this experimental model was to apply this approach, but to preserve hearts at room temperature rather than expose them to severe hypothermia and to do so with no added oxygen.

Transplant programs could benefit from a preservation technique with a single solution that does not require severe cooling of the heart or supplemental oxygen, and requires only a small volume of coronary perfusate for transport between centers. Lifer solution has potential in reaching this goal. A prolonged preservation time, particularly at room temperature, would increase the available donor pool of viable hearts and improve post-transplant outcomes. An increase in preservation times and improvements in banking and transport of hearts over longer distances should greatly increase the availability of viable hearts with good tissue matches to recipients in need.

Conclusions and Limitations

In this experimental model, which consisted of a low-flow, coronary recirculation system at room temperature and room air, Lifer solution maintained hearts for up to 20 hours. Simple CP solutions rendered hearts non-viable. The experimental conditions of this study

were set up to mimic the potential for preserving human hearts over a long period for eventual transplant. An obvious limitation is that the use of a small animal heart model to examine preservation solutions may not reflect clinical conditions or use of these solutions in the large mammalian or human heart. Future studies should determine the optimal conditions and maximal length of protection afforded by Lifer solution and compare Lifer with other available preservation solutions in a large animal heart transplant model. The mechanism of protection by nanoparticle based amino acid solutions will be a focus of future studies.

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