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## What Every Woman Doesn't Know

Catholic Physicians' Guild

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Caius (1910) a memoir of his life was written by John Venn, Sc.D., Senior Fellow and President of the College, at the request of the governing body of the College and of the President and Fellows of the Royal College of Physicians of London. It appeared with a collection of Caius's works edited by E. S. Roberts, Master of the College. This is a stately volume, very worthy of its subject, and was at once acquired by all the important medical libraries of the world.

Caius is commended particularly for the fact that he was "hable to gather such a fardell of straunge Antiquities together."

His careful description of separate diseases, that they might be recognized and differentiated, constituted a great advance in the medicine of his day. At that time scarcely any of the so-called ordinary diseases of childhood had been differentiated, and very few contagiously infectious diseases were recognized, so that Caius's work represented very valuable pioneering. It is no wonder, then, that he has been remembered so well and that four hundred years after his death his medical colleagues in Caius College and the Royal College of Physicians should have honored him.

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### What Every Woman Doesn't Know

Some authorities recommend that cod liver oil be given in the morning and at bedtime when the stomach is empty, while others prefer to give it after meals in order not to retard gastric secretion. If the mother will place the very young baby on her lap and hold the child's mouth open by gently pressing the cheeks together between her thumb and fingers while she administers the oil, all of it will be taken. The infant soon becomes accustomed to taking the oil without having its mouth held open. It is most important that the mother administer the oil in a matter-of-fact

manner, without apology or expression of sympathy.

If given cold, cod liver oil has little taste, for the cold tends to paralyze momentarily the gustatory nerves. As any "taste" is largely a metallic one from the silver or silver-plated spoon (particularly if the plating is worn), a glass spoon has an advantage.

On account of its higher potency in Vitamins A and D, Mead's Cod Liver Oil Fortified With Percomorph Liver Oil may be given in one-third the ordinary cod liver oil dosage, and is particularly desirable in cases of fat intolerance.