ID
- NFP####

Profile:

1. “Age” Age
   - Age in years

2. “MariStatus” Marital Status
   - 0 = Married
   - 1 = Single
   - 2 = Engaged
   - 3 = Divorced/Separated
   - 4 = Other

3. “Yearsmarried”
   - If married the number of years married

4. “Wedding”
   - If engaged month/year of wedding date
   - Format of mm/yyyy

5. “Religion” Religion
   - 0 = Catholic
   - 1 = Protestant/Other Christian
   - 2 = Jewish
   - 3 = Muslim
   - 4 = Other

6. “Ethnicity” Ethnicity
   - 0 = Euro-American
   - 1 = Asian-American
   - 2 = Native-American
   - 3 = Hispanic-American
   - 4 = African American
   - 5 = Other

7. “Schoolyears” Number of years of schooling completed
   - 0 = 0
   - 1 = 1-2
   - 2 = 3-4
   - 3 = 5-6
   - 4 = 7-8
   - 5 = 9-10
   - 6 = 11-12
   - 7 = 13-14
   - 8 = 15-16
   - 9 = 17+

“Height” Height
- Height in inches

“Weight” Weight
- Weight in pounds

“BMI” BMI = (Weight in Pounds/Height in inches) x Height in inches) x 703
   - BMI result in #

“Reprocate” Reproductive Category
   - 0 = Regular (25-35 days)
   - 1 = Long (> 35 days)
   - 2 = Short (< 25 days)
   - 3 = Post hormonal
   - 4 = Pill or injection
   - 5 = Postpartum (Breastfeeding)
   - 6 = Postpartum (Not breastfeeding)
   - 7 = Post miscarriage
   - 8 = Pre-menopausal
   - 9 = Other

8. “Numberpreg” Number of pregnancies

9. “Livingkids” Number of living children

10. “Miscarriages” Number of miscarriages

11. “Abortions” Number of abortions

12a. “Medvits” Currently taking medications or vitamins
   - 0 = No
   - 1 = Yes
12b. “Medvitexplain” If currently taking medications or vitamins please explain

13. “Gynosurgeries” List any gynecological surgeries

14. “Breastfeeding” Are you breastfeeding?
   - 0 = No
   - 1 = Yes
   - 2 = Partial
   - 3 = Total
   - 4 = N/A

15a. “Method” Family planning method
   - 0 = None
   - 1 = Pill
   - 2 = IUD
   - 3 = Injection
   - 4 = Barrier
   - 5 = Norplant
   - 6 = Breastfeeding
   - 7 = Withdrawal
   - 8 = Abstinence
   - 9 = NFP
   - 10 = Other

15 b. “Prevmethod” If not using any method, most recent method used
   - 0 = None
   - 1 = Pill
   - 2 = IUD
   - 3 = Injection
   - 4 = Barrier
   - 5 = Norplant
   - 6 = Breastfeeding
   - 7 = Withdrawal
   - 8 = Abstinence
   - 9 = NFP
   - 10 = Other

16. “Methoddate” When most recent method was stopped
   - MYYYY

17. “Whychart” Why charting fertility
   - 0 = To have a child
   - 1 = To space
   - 2 = To limit
   - 3 = For self knowledge
   - 4 = N/A
   - 5 = Other

18. “Nextpreg” When would next pregnancy be desired
   - 0 = No more pregnancies desired
   - 1 = Trying to become pregnant
   - 2 = Within a year from now
   - 3 = After one year but before two years
   - 4 = After two years but before three years
   - 5 = After three years
   - 6 = It doesn’t matter
   - 7 = Don’t know

19. “Spousesame” Spouse have the same intention?
   - 0 = No
   - 1 = Yes
   - 2 = Don’t know

20. “Timeattemptpreg” If attempting to become pregnant, for how long?
   - In Months

**Initial Quiz:**

“Initial1”
   - 0 = Incorrect
   - 1 = Correct

“Initial2”
   - 0 = Incorrect
   - 1 = Correct

“Initial3”
   - 0 = Incorrect
   - 1 = Correct

“Initial4”
   - 0 = Incorrect
   - 1 = Correct

“Initial5”
One Month Quiz:

“Month1”
- 0 = Incorrect
- 1 = Correct

“Month2”
- 0 = Incorrect
- 1 = Correct

“Month3”
- 0 = Incorrect
- 1 = Correct

“Month4”
- 0 = Incorrect
- 1 = Correct

“Month5”
- 0 = Incorrect
- 1 = Correct

“Month6”
- 0 = Incorrect
- 1 = Correct

“Month7”
- 0 = Incorrect
- 1 = Correct

“Month8”
- 0 = Incorrect
- 1 = Correct

“Month9”
- 0 = Incorrect
- 1 = Correct

“Month10”
- 0 = Incorrect
- 1 = Correct

“Monthtotal”
- Total score for the one month quiz on a scale of 0-10.

One Month Evaluation:

“Survey1.1” 1 month evaluation
Question 1
Scale 0-6
0 = Difficult
6 = Easy

“Survey1.2” 1 month evaluation
Question 2
Scale 0-6
0 = Difficult
6 = Easy

“Survey1.3” 1 month evaluation
Question 3
Scale 0-6
0 = Difficult
6 = Easy

“Survey1.4” 1 month evaluation
Question 4
Scale 0-6
0 = Very negative
6 = Very positive

“Survey1.5” 1 month evaluation
Question 5
Scale 0-6
0 = Not at all
6 = A great deal
“Survey1.6” 1 month evaluation
Question 6
Scale 0-6
0 = Not at all
6 = A great deal

“Survey1.7” 1 month evaluation
Question 7
Scale 0-6
0 = Very difficult
6 = Very easy

“Survey1.8” 1 month evaluation
Question 8
Scale 0-6
0 = Very strongly dislike
6 = A great improvement

“Survey1.9” 1 month evaluation
Question 9
Scale 0-6, 99
0 = No improvement at all
6 = A great improvement
99 = N/A

“Survey1.10” 1 month evaluation
Question 10
Scale 0-6
0 = 0% Chance
6 = 100% Chance

Charting:

“Charting” Are they charting?
• 0 = No
• 1 = Yes

“Cycles” Number of cycles charted

Three Month Evaluation:

“Survey3.1” 3 month evaluation
Question 1
Scale 0-6
0 = Difficult
6 = Easy

“Survey3.2” 3 month evaluation
Question 2
Scale 0-6
0 = Difficult
6 = Easy

“Survey3.3” 3 month evaluation
Question 3
Scale 0-6
0 = Difficult
6 = Easy

“Survey3.4” 3 month evaluation
Question 4
Scale 0-6
0 = Very negative
6 = Very positive

“Survey3.5” 3 month evaluation
Question 5
Scale 0-6
0 = Not at all
6 = A great deal

“Survey3.6” 3 month evaluation
Question 6
Scale 0-6
0 = Not at all
6 = A great deal

“Survey3.7” 3 month evaluation
Question 7
Scale 0-6
0 = Very difficult
6 = Very easy

“Survey3.8” 3 month evaluation
Question 8
Scale 0-6
0 = Very strongly dislike
6 = A great improvement

“Survey3.9” 3 month evaluation
Question 9
Scale 0-6, 99
0 = No improvement at all
6 = A great improvement
99 = N/A

“Survey3.10” 3 month evaluation
Question 10
Scale 0-6
0 = 0% Chance
6 = 100% Chance

Six Month Evaluation:

“Survey6.1” 6 month evaluation
Question 1
Scale 0-6
0 = Difficult
6 = Easy

“Survey6.2” 6 month evaluation
Question 2
Scale 0-6
0 = Difficult
6 = Easy

“Survey6.3” 6 month evaluation
Question 3
Scale 0-6
0 = Difficult
6 = Easy

“Survey6.4” 6 month evaluation
Question 4
Scale 0-6
0 = Very negative
6 = Very positive

“Survey6.5” 6 month evaluation
Question 5
Scale 0-6
0 = Not at all
6 = A great deal

“Survey6.6” 6 month evaluation
Question 5
Scale 0-6
0 = Not at all
6 = A great deal

“Survey6.7” 6 month evaluation
Question 7
Scale 0-6
0 = Very difficult
6 = Very easy

“Survey6.8” 6 month evaluation
Question 8
Scale 0-6
0 = Very strongly dislike
6 = A great improvement

“Survey6.9” 6 month evaluation
Question 9
Scale 0-6, 99
0 = No improvement at all
6 = A great improvement
99 = N/A

“Survey6.10” 6 month evaluation
Question 10
Scale 0-6
0 = 0% Chance
6 = 100% Chance

NFP 1 Month Follow-up:

“Followup1.1” 1 month follow-up
Question 1
Number of cycles charted

“Followup1.2” 1 month follow-up
Question 2
Date began charting
MMDDYYYY

“Followup1.3” 1 month follow-up
Question 3
0 = Self
1 = Other/friend
2 = Spouse
3 = No record

“Followup1.4” 1 month follow-up
Question 4
• Sensations
  0 = Yes
  1 = No

• Mucous
  0 = Yes
  1 = No

• Hormones (Clear plan or LH)
  0 = Yes
  1 = No

• Temperature
  0 = Yes
  1 = No

• Other: List
  0 = Yes
  1 = No

“Followup1.5” 1 month follow-up
Question 5
0 = Not everyday charted
1 = Everyday charted, not enough info.
2 = Everyday charted, enough info.
3 = Days necessary for fertile period charted

“Followup1.6” 1 month follow-up
Question 6
0 = No difficulty
1 = Client has difficulty; explanation
2 = Teacher has difficulty; explanation
3 = Both have difficulty; explanation

“Followup1.7” 1 month follow-up
Question 7
0 = All acts recorded
1 = Incomplete record
2 = No recorded acts

“Followup1.8” 1 month follow-up
Question 8
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.9” 1 month follow-up
Question 9
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.10” 1 month follow-up
Question 10
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.11” 1 month follow-up
Question 11
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.12” 1 month follow-up
Question 12
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.13” 1 month follow-up
Question 13
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup1.14” 1 month follow-up
Question 14
0 = Yes
1 = No

“Followup1.15” 1 month follow-up
Question 15
0 = Yes
1 = No

NFP 3 Month Follow-up:
“Followup3.1” 3 month follow-up
Question 1
Number of cycles charted

“Followup3.2” 3 month follow-up
Question 2
Date began charting
MMDDYYYY

“Followup3.3” 3 month follow-up
Question 3
0 = Self
1 = Other/friend
2 = Spouse
3 = No record

“Followup3.4” 3 month follow-up
Question 4
• Sensations
  0 = Yes
  1 = No
• Mucous
  0 = Yes
  1 = No
• Hormones (Clear plan or LH)
  0 = Yes
  1 = No
• Temperature
  0 = Yes
  1 = No
• Other: List
  0 = Yes
  1 = No

“Followup3.5” 3 month follow-up
Question 5
0 = Not everyday charted
1 = Everyday charted, not enough info.
2 = Everyday charted, enough info.
3 = Days necessary for fertile period charted

“Followup3.6” 3 month follow-up
Question 6
0 = No difficulty

1 = Client has difficulty; explanation
2 = Teacher has difficulty; explanation
3 = Both have difficulty; explanation

“Followup3.7” 3 month follow-up
Question 7
0 = All acts recorded
1 = Incomplete record
2 = No recorded acts

“Followup3.8” 3 month follow-up
Question 8
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.9” 3 month follow-up
Question 9
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.10” 3 month follow-up
Question 10
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.11” 3 month follow-up
Question 11
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.12” 3 month follow-up
Question 12
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.13” 3 month follow-up

0 = No difficulty

1 = Client has difficulty; explanation
2 = Teacher has difficulty; explanation
3 = Both have difficulty; explanation

“Followup3.7” 3 month follow-up
Question 7
0 = All acts recorded
1 = Incomplete record
2 = No recorded acts

“Followup3.8” 3 month follow-up
Question 8
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.9” 3 month follow-up
Question 9
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.10” 3 month follow-up
Question 10
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.11” 3 month follow-up
Question 11
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.12” 3 month follow-up
Question 12
0 = Yes
1 = No
2 = Unsure
3 = Not applicable
Question 13
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup3.14” 3 month follow-up

Question 14
0 = Yes
1 = No

“Followup3.15” 3 month follow-up

Question 15
0 = Yes
1 = No

NFP 6 Month Follow-up:

“Followup6.1” 6 month follow-up
Question 1
Number of cycles charted

“Followup6.2” 6 month follow-up
Question 2
Date began charting MMDDYYYY

“Followup6.3” 6 month follow-up
Question 3
0 = Self
1 = Other/friend
2 = Spouse
3 = No record

“Followup6.4” 6 month follow-up
Question 4
• Sensations
  0 = Yes
  1 = No
• Mucous
  0 = Yes
  1 = No
• Hormones (Clear plan or LH)
  0 = Yes
  1 = No
• Temperature

“Followup6.5” 6 month follow-up
Question 5
0 = Not everyday charted
1 = Everyday charted, not enough info.
2 = Everyday charted, enough info.
3 = Days necessary for fertile period charted

“Followup6.6” 6 month follow-up
Question 6
0 = No difficulty
1 = Client has difficulty; explanation
2 = Teacher has difficulty; explanation
3 = Both have difficulty; explanation

“Followup6.7” 6 month follow-up
Question 7
0 = All acts recorded
1 = Incomplete record
2 = No recorded acts

“Followup6.8” 6 month follow-up
Question 8
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup6.9” 6 month follow-up
Question 9
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup6.10” 6 month follow-up
Question 10
0 = Yes
1 = No
2 = Unsure
3 = Not applicable
“Followup 6.11” 6 month follow-up
Question 11
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup 6.12” 6 month follow-up
Question 12
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup 6.13” 6 month follow-up
Question 13
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup 6.14” 6 month follow-up
Question 14
0 = Yes
1 = No

“Followup 6.15” 6 month follow-up
Question 15
0 = Yes
1 = No

NFP 12 Month Follow-up:

“Followup 12.1” 12 month follow-up
Question 1
Number of cycles charted

“Followup 12.2” 12 month follow-up
Question 2
Date began charting
MMDDYYYY

“Followup 12.3” 12 month follow-up
Question 3
0 = Self

1 = Other/friend
2 = Spouse
3 = No record

“Followup 12.4” 12 month follow-up
Question 4
- Sensations
  0 = Yes
  1 = No
- Mucous
  0 = Yes
  1 = No
- Hormones (Clear plan or LH)
  0 = Yes
  1 = No
- Temperature
  0 = Yes
  1 = No
- Other: List
  0 = Yes
  1 = No

“Followup 12.5” 12 month follow-up
Question 5
0 = Not everyday charted
1 = Everyday charted, not enough info.
2 = Everyday charted, enough info.
3 = Days necessary for fertile period charted

“Followup 12.6” 12 month follow-up
Question 6
0 = No difficulty
1 = Client has difficulty; explanation
2 = Teacher has difficulty; explanation
3 = Both have difficulty; explanation

“Followup 12.7” 12 month follow-up
Question 7
0 = All acts recorded
1 = Incomplete record
2 = No recorded acts

“Followup 12.8” 12 month follow-up
Question 8
“Followup12.9” 12 month follow-up
Question 9
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup12.10” 12 month follow-up
Question 10
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup12.11” 12 month follow-up
Question 11
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup12.12” 12 month follow-up
Question 12
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup12.13” 12 month follow-up
Question 13
0 = Yes
1 = No
2 = Unsure
3 = Not applicable

“Followup12.14” 12 month follow-up
Question 14
0 = Yes
1 = No

“Followup12.15” 12 month follow-up
Question 15
0 = Yes
1 = No

NFP Pregnancy Evaluation

“Pregeval1.1” Pregnancy Evaluation
Question 1
LMP
MMDDYYYY

“Pregeval1.2” Pregnancy Evaluation
Question 2
0 = Test
1 = NFP chart
2 = Home urine test
3 = Physical exam by MD
4 = Other; explanation

“Pregeval1.3” Pregnancy Evaluation
Question 3
0 = Yes
1 = Not available; reason

“Pregeval1.4” Pregnancy Evaluation
Question 4
0 = Yes
1 = No

“Pregeval1.5” Pregnancy Evaluation
Question 5
0 = Both decided to try
1 = One decided to try
2 = Took a chance
3 = Didn’t think fertile

“Pregeval1.6” Pregnancy Evaluation
Question 6
0 = Definitely not
1 = Probably not
2 = Probably yes
3 = Definitely yes

“Pregeval1.7” Pregnancy Evaluation
Question 7
0 = Misunderstanding
1 = Incorrect or insufficient information
2 = Conscious departure, no barrier used
3 = Conscious departure, barrier used
4 = Method related
5 = Unresolved
6 = Planned, no intention to avoid

“Pregeval1.8” Pregnancy Evaluation
Question 8A
Conception from intercourse on cycle day
#
“Pregeval1.9” Pregnancy Evaluation
Question 8B
0 = Preovulatory infertile time
1 = Fertile time
2 = Postovulatory infertile time
3 = Unknown

“Pregeval1.10” Pregnancy Evaluation
Question 9
Reviewed on
MMDDYYYY

“Pregeval1.11” Pregnancy Evaluation
Question 10A
0 = Agree
1 = Disagree; Reason

Pregeval1.12” Pregnancy Evaluation
Comments