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From Solvent-Free Microspheres To Bioactive Gradient Scaffolds

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Abstract: A solvent-free microsphere sintering technique was developed to fabricate scaffolds with pore size gradient for tissue engineering applications. Poly(D,L-Lactide) microspheres were fabricated through an emulsification method where TiO₂ nanoparticles were employed both as particulate emulsifier in the preparation procedure and as surface modification agent to improve bioactivity of the scaffolds. A fine-tunable pore size gradient was achieved with a pore volume of $30 \pm 2.6\%$. SEM, EDX, XRD and FTIR analyses all confirmed the formation of bone-like apatite at the 14th day of immersion in Simulated Body Fluid (SBF) implying the ability of our scaffolds to bond to living bone tissue. In vitro examination of the scaffolds showed progressive activity of the osteoblasts on the scaffold with evidence of increase in its mineral content. The bioactive scaffold developed in this study has the potential to be used as a suitable biomaterial for bone tissue engineering and hard tissue regeneration.

Graphical Abstract: In the present study, we introduce an emulsification method to prepare solvent-free microspheres of PLA using TiO₂ nanoparticles as particulate emulsifier. A modified microsphere sintering method is also presented in order to fabricate porous tissue engineering scaffolds with controlled pore size. Both immersion in Simulated Body Fluid and osteoblast culture show progressive calcium phosphate mineralization on the scaffolds.

Key words: Tissue engineering scaffold, Pore size gradient, Solvent-free method, Microsphere sintering, Mineralization, Bone-like apatite

Tissue engineering and regenerative medicine aim to create functional human tissue equivalents for organ repair and replacement through 3D scaffolds.¹ Pioneering studies have suggested that the micro-architecture of scaffolds might influence cell attachment and orientation and induce expression of different cellular behaviors.²⁻⁴

Many researchers have reported optimum pore size ranges necessary for different cell types or tissues.⁵⁻⁷ Scaffolds with the optimum pore size range for each cell type provide an appropriate medium for cell growth since they establish a balance between the advantages and disadvantages of varying the scaffold's pore size. Pore size or porosity of the scaffold can affect nutrient supply, gas diffusion, metabolic waste removal, cell attachment and intracellular signaling.⁶⁻⁸ Therefore, scaffolds that exhibit pore size covering different length scales may improve cellular activity; very small pores allow for molecule transport essential for any nutrition, waste removal and signaling; medium pores facilitate cell migration and capillary formation; and big pores help incorporation of nerves and blood vessels.² Thus, controlling pore size distribution through the scaffold may help researchers manage the cellular behavior more selectively.

Scaffolds with a gradient of pore size are the most popular example of such a distribution control representing advantages over uniform scaffolds for specific applications. A study by Sobral et al showed that pore size gradient can improve cell seeding efficiency and induce a more homogenous distribution of cells within the scaffold.¹⁰ They attributed the outcomes to the flow conditions throughout the scaffold during cell seeding. Pore size gradient also enables modulation of cell migration through the scaffold. The scaffold is permeable to cells from one side due to large pores and impermeable from the other side due to small pores. Such a design will facilitate the study of the direction of cell migration. Taking this strategy into account, Harley et al produced collagen-based, porous tubular scaffolds to facilitate the study of myofibroblast migration during peripheral nerve regeneration.¹¹

Such a scaffold has the potential not only to become a powerful tool for basic studies on the effects of different pore sizes on cell behavior within identical microenvironments¹² but also in applications for targeting the formation of composite tissues (the epiphyseal growth plate), tissue interfaces (myotendinous junctions), and potential clinical use for guided tissue regeneration. Tissue interfaces are significant regions wherein tissue transition from one type into another occurs. Scaffolds with variation in pore size may provide an appropriate microenvironment for two or more cell types to grow concurrently. For instance, fabricating scaffolds with gradients in pore sizes allowing high

vascularization and direct osteogenesis on one side of the scaffold, while promoting differentiation and osteochondral ossification on the other, is appealing in terms of reproducing multiple tissues and tissue interfaces on the same biomaterial scaffold.¹³

Different techniques have been employed to fabricate scaffolds with controlled pore size distribution including centrifugation method, rapid prototyping, spinning technique, salt leaching etc.^{10-12,14,15} Among these methods, rapid prototyping represents excellent control over various scaffold parameters including architecture. However, clinical application of the method is limited due to high machine cost, design and fabrication time involved. Moreover, high processing temperatures in some rapid prototyping techniques limit their ability to process some polymers and biomolecules.¹⁶ In addition, some of rapid prototyping techniques suffer from limited resolution, slow processing and the use of solvent.^{17,18} Therefore, the development of new fabrication methods wherein scaffold architecture can be controlled but eliminates the abovementioned drawbacks is highly desired.

The aim of this study was to develop a solvent-free microsphere sintering technique to produce scaffolds with pore size gradient for tissue engineering applications. This method enables high level control over the pore size distribution through the scaffold. Although microsphere sintering has been employed to fabricate various 3D scaffolds,¹⁹⁻²⁵ creating solvent-free scaffolds with pore size gradient based on this method has not been previously reported. Our results demonstrate that using such a method, a perfect control over the scaffold architecture could be simply, reproducibly and cheaply achieved. The scaffolds seem to provide an excellent bioactive medium for calcium phosphate deposition, osteoblast attachment and biomineralization.

Methods

Materials

PDLA (100DL 7E, Inherent Viscosity: 0.6–0.8 dL/g, Mw 75,000–120,000 g/mol, cryo-milled powder) powder was purchased from Lakeshore Biomaterials (Birmingham, AL). Titanium Dioxide (21 nm primary particle size (TEM), 35–65 m²/g surface area (BET)) was obtained from Sigma-Aldrich (St. Louis, MO). Mouse osteoblasts (7F2 CRL 12557) were obtained from American Type Culture Collection. Complete alpha MEM, Dulbecco's phosphate buffer (DPBS) and Pen-Strep solutions were purchased from GIBCO Inc. (Carlsbad, CA). Alizarin red and Von Kossa staining reagents were purchased from Sigma Aldrich (St. Louis, MO). Fetal bovine serum and TrypLE Select cell dissociating

solution were from Phenix (Asheville, NC) and Invitrogen (Carlsbad, CA), respectively. All other chemicals were of reagent grade.

Fabrication of microspheres

A solvent-free emulsification method was developed in our lab to fabricate PDLA microspheres coated with TiO₂ nanoparticles. Briefly, PDLA (250 mg) and TiO₂ nanoparticles (70 mg) were dispersed in pure water (50 ml) and bath-sonicated for 15 min in order to obtain a uniform dispersion. The dispersion was then heated to 80 °C while being stirred at 800 rpm for 2 hours followed by cooling at 4 °C. Microspheres were then washed 3 times and collected using sieves of various mesh sizes (75, 150, 300 and 425 µm) in order to remove residual TiO₂ nanoparticles and separate microspheres of the same size, respectively.

Fabrication of gradient scaffolds

Gradient scaffolds were fabricated through a modified microsphere sintering method. To create a pore size gradient, microspheres of each size range (75–150, 150–300 and 300–425 µm) were decanted into a mold layer by layer. The microspheres were then sintered at 90 °C for 45 min followed by cooling at room temperature. Homogenous scaffolds could also be prepared using microspheres of the same size range.

Morphology of microspheres and scaffolds

The morphology of microspheres and scaffolds was studied using Scanning Electron Microscopy (SEM) and micro Computed Tomography (micro-CT). Spherical shape of prepared microspheres, presence of TiO₂ nanoparticles on the surface of microspheres, interconnected porous structure and pore size gradient were expected to be verified by SEM and micro-CT.

For SEM, samples were placed on a bilateral tape and sputter-coated with gold using a SPI-Module Sputter Coater. Finally, samples were observed under a scanning electron microscope (Hitachi S-4800, Japan) using back-scattering and secondary electron modes at different magnifications.

The micro-CT system consisted of a Hamamatsu L9181–02 micro-focal X-ray source and a flat panel X-ray detector (Varian 2520DX). A micro-positioning stage between the source and detector allows specimens to be manipulated in space with four degrees of freedom. Micro-CT reconstruction was implemented using the Varian Cone-Beam CT

reconstruction software. The CT scan consisted of 400 step and shoot projections with a circular trajectory. The images were acquired at 100 kV and 80 μ A, with 0.5 second exposure per view angle. The images were reconstructed on to 25 micron $\times$ 25 micron $\times$ 25 micron voxels. ImageJ 1.5i software (National Institute of Health, USA) was used to analyze the micro-CT data. The binary images (Figure 3, D–F) and pore outlines (Figure 3, G–I) of each cross-section of the scaffold were produced using the software for further analysis. Pore size distribution through the scaffold was determined using particle analyzer feature (see supplementary data). The connectivity of the pores was measured using BoneJ plugin. The image sequence was purified first and then Euler characteristic and connectivity density (number of trabeculae per unit volume) were calculated by means of the software.

Bioactivity of scaffolds

Mineralization in simulated body fluid (SBF)

SBF was prepared according to the procedure described by Kokubo et al.²⁶ Table 1 represents the nominal concentration of different ions in the prepared SBF compared to human blood plasma. Bioactivity of scaffolds was evaluated through immersion in the prepared SBF solution at 37 °C for 14 days. At regular time intervals (1, 3, 7 and 14 days), samples were taken out, rinsed with distilled water and analyzed after drying. To determine apatite formation, Fourier Transform Infra-Red spectroscopy (FTIR), X-Ray Diffraction (XRD) (See supplementary data), Energy-dispersive X-ray spectroscopy (EDX) and SEM techniques were employed.

Table 1. Nominal concentrations of ions in the prepared SBF compared to human blood plasma.

Ion	Ion concentration (mM)	
	Blood Plasma	SBF
Na ⁺	142.0	142.0
K ⁺	5.0	5.0
Mg ²⁺	1.5	1.5
Ca ²⁺	2.5	2.5
Cl [−]	103.0	147.8
HCO ₃ [−]	27.0	4.2
HPO ₄ ^{2−}	1.0	1.0
SO ₄ ^{2−}	0.5	0.5
pH	7.2–7.4	7.4

Functional groups of the scaffolds prior to immersion in SBF and newly formed ones during immersion were characterized by FTIR (Varian 680-IR spectrometer, Agilent Tech,

USA). First, the dried scaffolds were grinded and mixed with KBr. The FTIR spectra were then collected at a spectrum resolution of 1 cm^{-1} over the measurement range from 4000 to 400 cm^{-1} .

SEM (Hitachi S-4800) and EDX (Evex) were used to observe the morphology and determine the chemical composition of the precipitated minerals on the scaffolds, respectively.

Biom mineralization in mouse osteoblast culture

Cell culture and scaffold seeding

Mouse osteoblasts (7F2 CRL 12557) were cultured using standard aseptic cell culture techniques. The osteoblasts were maintained and passaged in complete alpha MEM containing alpha MEM, 10% (v/v) fetal bovine serum and 1% (v/v) Penicillin–Streptomycin (Gibco). For passaging and transferring the osteoblasts onto the scaffolds, a 1% TrypLE Select cell dissociating solution (Gibco) was used. Scaffolds were dipped in 90% (v/v) ethanol and dried under laminar airflow under aseptic conditions in a cell culture hood to prepare them for seeding. A cell suspension was prepared in sterile Dulbecco's Phosphate Buffered solution with a cell concentration of 2×10^6 cells per milliliter and was used to seed the scaffolds. The seeded scaffolds were then covered with complete alpha MEM growth medium and incubated at $37\text{ }^{\circ}\text{C}$ with 5% CO_2 . For SEM imaging, the samples were fixed overnight in 2% Glutaraldehyde with 4% PFA (Paraformaldehyde) in 0.1 M Na Cacodylate Buffer ($\text{pH} = 7.3$) at 7th day of culture. Then, the scaffolds were washed twice for 5 min in the same buffer. Later, scaffolds were post-fixed for 1 hr in 1% aqueous solution of Osmium Tetroxide (OsO_4). Then, the scaffolds were washed twice for 5 min with distilled H_2O and dehydrated in increasing ethanol series: 50–70–90–100–100% (v/v). They are subject to Critical Point Dry (CPD) with liquid CO_2 in Tousimis Autosamdri 814. The scaffolds were mounted with double-sided carbon tape on Al stubs. Finally, they were sputter-coated with Pd/Au – 100Å layer ~10 min with the Denton DeskII system.

Histology and staining techniques

Alizarin Red and Von Kossa histochemical staining were used to estimate the amount of calcium phosphate secreted by cells after attachment and differentiation. Scaffolds were first washed with sterile HBSS to remove any traces of serum and then fixed with 95% (v/v) ethanol on day 7, 14, and 21. Scaffolds were then flash frozen by immersion in liquid nitrogen and crushed using mortar and pestle to make a fine powder. The powder (5 mg) was then added to a 2 ml centrifuge tubes and stained with either

Alizarin Red or Von Kossa for separate quantification of calcium and phosphate, respectively. For calcium quantification, Alizarin Red S aqueous solution (2% w/v, pH = 4.1 to 4.3) was added to the scaffolds powder and kept at room temperature for 5 min. Samples were de-stained by 7% (v/v) acetic acid for 15 minutes and centrifuged at 14,000 rpm for 10 min, the supernatants were collected and analyzed by NANODROP 2000 in UV/Vis absorbance mode. For Von Kossa staining, 250 μ l of 1% (w/v) silver nitrate aqueous solution was added to the crushed scaffolds, incubated under UV light for 20 minutes and washed 5 times with distilled water. The samples were then incubated with 250 μ l of 5% (w/v) sodium thiosulfate for 5 minutes to remove unreacted silver. Tubes were centrifuged at 14,000 rpm for 10 min, the supernatants were collected and analyzed by NANODROP 2000 in UV/Vis absorbance mode.

Results

Morphology of microspheres and scaffolds

Morphology of the prepared microspheres could be observed in Figure 1. As seen in the figure, TiO₂ covers the surface of polymeric microspheres indicating successful physical surface modification. TiO₂ nanoparticles have been reported to increase wettability (hydrophilicity) and improve cell attachment when added to polyesters like PDLA.^{19,27} Furthermore, the spherical shape of the obtained particles (Figure 1, *A* and *B*) together with the presence of TiO₂ on the surface (Figure 1, *C* and *D*) corresponds to the emulsifying properties of TiO₂ nanoparticles.

Figure 1. SEM images of prepared microspheres: the spherical shape (*A* and *B*) and the presence of TiO₂ on the surface (*C* and *D*) can be easily seen.

Figure 2 illustrates the morphology of the prepared scaffolds. The employed strategy to fabricate the scaffolds yielded an interconnected porous structure (Figure 2, A and B); if a container is filled with spheres, the empty spaces between them all are interconnected. The pore size gradient could be also observed in SEM images (Figure 2, C and D).

Figure 2. SEM images of interconnected porous structure (**A** and **B**) and pore size gradient (**C** and **D**) of the prepared scaffolds.

Figure 3 represents the micro-CT images taken from different cross-sections of the scaffold. The scaffolds consist of three major regions; the first region (Figure 3, A) made of microspheres of 75–150 μm exhibits very small pores; as the size of microspheres increases to 150–300 μm and 300–425 μm in the second (Figure 3, B) and third (Figure 3, C) regions, respectively, the pore size enlarges evidently. Figure 3, D-F and Figure 3, G-I show binary images and pore outlines produced by ImageJ software, respectively. Euler characteristic and connectivity density (Conn. D) were found to be -2033 and 18.7 mm^{-3} , respectively.

Figure 3. Micro-CT images of different cross-sections of the scaffold with small (microspheres of 75–150 μm) (A), medium (microspheres of 150–300 μm) (B) or large (microspheres of 300–425 μm) (C) pore size. Binary images (D–F) and pore outlines (G–I) has been produced using ImageJ software. The pore size gradient can be seen from top to bottom.

The micro-CT and SEM images confirmed the pore size gradient inside and on the surface of the scaffold as well as the interconnectivity of the pores.

Bioactivity of scaffolds

Mineralization in SBF

SEM, EDX, FTIR and XRD (See supplementary data) analyses were used to study the morphology, composition and crystallinity of the mineral formed on the scaffolds after immersion in SBF for 1, 3, 7 and 14 days. Figure 4 indicates the SEM images and EDX analysis of the samples before immersion in SBF and after certain immersion times. Before immersion, titanium was the major element detected by EDX implying the presence of TiO_2 on the surface of microspheres and scaffolds (Figure 4, A). This finding perfectly matches with our observation in the SEM images of the prepared microspheres (Figure 1) and fully supports the emulsifying properties of TiO_2 nanoparticles in our system. A small amount of aluminum was also detected before immersion in SBF and few days after that which could

be a result of using aluminum molds to heat the microspheres during the sintering stage. It could be seen in the [Figure 4, B](#) that only after 1 day, calcium ions as well as chloride ions start to be adsorbed on the surface. Interestingly, no phosphorous was detected after the first day of immersion and this element representing phosphate ions appeared on the 3rd day of immersion. Precipitation of these minerals could be obviously seen in the corresponding SEM image. Sodium ions were also deposited along with phosphate ions on the 3rd day. Afterwards, calcium and phosphate ions concentrated on the surface to the extent that no other ions except them were detected on the 14th day. SEM images apparently illustrate the precipitation progress of calcium phosphate minerals so that the scaffolds' pores were completely filled on the 14th day of immersion. Calculating the Ca/P ratio of the precipitated calcium phosphate ([Table 2](#)) in the last day of immersion as well as the 7th day leads to a quite interesting data:

$$(\text{Ca/P})_{\text{ratio at 14}^{\text{th}} \text{ day}} = (\text{AT\% for Ca})/(\text{AT\% for P}) = 62.41/37.59 \approx 1.66$$

$$(\text{Ca/P})_{\text{ratio at 7}^{\text{th}} \text{ day}} = (\text{AT\% for Ca})/(\text{AT\% for P}) = 54.26/25.71 \approx 2.11$$

where AT% is the molar fraction of each element in the compound and could be obtained from EDX data ([Table 2](#)).

Figure 4. SEM images and EDX analysis of the scaffolds before (A) and after immersion in SBF for 1 (B), 3 (C), 7 (D) and 14 (E) days.

Table 2. Composition of the mineral precipitated on the scaffold after immersion in SBF for 1, 3, 7, 14 days obtained by EDX analysis.

Elements	AT % (Molar Fraction)				
	Before Immersion	1st Day	3rd Day	7th Day	14th Day
Ti (K)	77.84	42.96	19.25	13.82	-
Cl (K)	-	8.57	35.8	6.21	-
Na (K)	-	-	23.11	-	-
Ca (K)	-	3.72	7.39	54.26	62.41
P (K)	-	-	5.29	25.71	37.59
Other (Al, ...)	22.16	44.75	9.16	-	-

The Ca/P ratio at the last day of immersion found to be around 1.66 which is close to that of hydroxyapatite (HA)²⁸ and the mineral could be theoretically considered as calcium deficient HA. However, the EDX analysis results alone cannot be exploited to unequivocally determine the nature of the calcium phosphate. Occlusion of CaCl₂²⁹ along with the incorporation of calcium into the calcium titanate (CaTiO₃) which will be discussed in detail could account for the high Ca/P ratio at 7th day.

The FTIR spectra of immersed scaffolds for different time intervals in the SBF showed establishment of additional peaks associated to the formed calcium phosphate layer on the surface of the scaffolds (Figure 5). Appearance of peaks at 1032 cm⁻¹ raised from ν_3 PO₄ vibrations (P-O stretching mode) and at 602 cm⁻¹ and 565 cm⁻¹ pertaining to ν_4 PO₄ vibrations (O-P-O bending mode)³⁰ confirms the formation of calcium phosphate layer. Besides, although the ν_1 PO₄ band (P-O stretching) at 960 cm⁻¹ is only of minor intensity in IR spectroscopy, its presence is also of interest since it is indeed observed at this position in apatite phases or Octacalcium Phosphate (OCP). Furthermore, the band at 878 cm⁻¹ could be attributed to the P-OH stretching of HPO₄⁻ bearing apatite.³¹ It has been reported that two distinct band at 1195 and 916 cm⁻¹ which are assignable to HPO₄²⁻ are detectable for OCP but not for apatite.³¹ The small peak detected in the spectrum of the 3rd day of immersion at 1260 cm⁻¹ could be barely assigned to this functional group indicating the presence of OCP. Interestingly, the peak disappeared in the following days implying the presence of apatite as the main phase of the precipitated mineral.

Figure 5. FTIR spectra of the samples before (A) and after immersion in SBF for 1 (B), 3 (C), 7 (D) and 14 (E) days.

Taking a closer look at the FTIR spectra of the samples, the poorly crystalline structure of the formed layer could be also confirmed by the small splitting of degenerate modes. In complex crystalline phosphates, local crystal field effects may lower the symmetry of the tetrahedral PO_4^{3-} ion. This results in the splitting of degenerate modes and also in the occasional appearance of infra-red forbidden frequencies.³⁰ In this case, the splitting of the P-O anti-symmetric bending mode at $550\text{--}600\text{ cm}^{-1}$ and degenerate phosphate stretching mode ($1000\text{--}1100\text{ cm}^{-1}$) increases as the percent crystallinity increases.²⁹ This is in agreement with XRD results revealing that the precipitated minerals are poorly crystalline (See supplementary data).

To further investigate the morphology of the precipitated mineral, high magnification SEM images were employed. Figure 6 shows the morphology of the precipitated mineral at the 7th day of immersion. As could be seen in the figure, the precipitated layer was up to $10\text{ }\mu\text{m}$ thick only after 7 days of immersion (Figure 6, A and B). It seems that the precipitated layer consists of numerous hemispherical particles of $2\text{--}5\text{ }\mu\text{m}$ in diameter grown on the surface (Figure 6, C). These particles are likely to be the nucleation sites of calcium phosphate precipitate (Figure 6, D). The cracks observed in the precipitate layer might be a result of desiccation of the samples before imaging, generating a contracting force.

Figure 6. SEM micrographs of the precipitated mineral on the scaffolds after 7 days of immersion in SBF: Thickness of up to 10 µm (A and B), hemispherical particles of 2–5 µm in diameter grown on the surface (C) and possible nucleation sites of calcium phosphate precipitate (D) could be seen.

Biom mineralization in osteoblast culture

It has been shown that presence of calcium and phosphate promotes the osteoconductivity of scaffolds.³² These inorganic components of hydroxyapatite $[\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2]$ trigger upcoming scaffold mineralization, leading to formation of bone-like structure. Calcium and phosphate rich microenvironment of scaffolds enhances the osteocytic phenotype of bone-producing cells, i.e., osteoblasts. Calcium content of mineralized scaffolds was quantitatively determined using Alizarin red staining. As can be seen in Figure 7, A, time-dependent deposition of calcium on scaffolds has increased over 21 days.

Figure 7. Quantitative demonstration of calcium (dark pattern) and phosphate (light pattern) biomineralization (A) along with SEM images of osteoblasts covering the surface of the scaffolds (B and C); anchoring projections between microspheres (D and E); secreting minerals (F); penetrating in depth of the scaffold (G).

Presence of phosphate in the calcium phosphate phase of mineralized scaffolds was quantified by Von-Kossa staining. Anionic part of phosphates in calcium phosphate mineralized matrix is stained by Von Kossa. As can be seen in Figure 7, A, enhancement of mineral matrix deposition on the scaffolds is evident over 21 days. Von Kossa staining indicates both the amount of phosphate containing minerals and amount of organic phase of matrix. Therefore, the more the staining intensity, the more the amounts of both organic and inorganic matrix. At 7th day, the seeded scaffolds showed more calcium content than phosphate. This is in agreement with the results of mineralization in SBF that calcium

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deposition occurs before phosphate deposition. Interestingly, the phosphate content of scaffolds increased over five folds at 21st day of culture.

Figure 7, B–G demonstrates the SEM images of osteoblasts cultured on the scaffolds. The osteoblasts grew within the pores of the scaffold with their multiple cell processes branching from one microsphere to another forming an adherent plexus all over the scaffold microspheres. It can be vividly seen that osteoblasts have attempted to anchor their cytoskeletal projections (lamellipodia and Filopodia) between the microspheres revealing the bioactive characteristics of the scaffolds to induce cell migration along and in depth of the substrates. As shown in Figure 7, B and C, osteoblasts have covered the surface of the microspheres indicating bioactive topography of the microspheres. Also, in Figure 7, D and E, we can see cells grown on the adjoining areas (bonding points) of the microspheres suggesting the optimum porous structure of the scaffolds to promote the cell propagations between the microspheres. Interestingly, the secreted minerals by the cells could be easily detected in the SEM images (e.g. Figure 7, F) which supports the biomineralization capability of the scaffold. Figure 7, G shows the cells anchored to the microspheres beneath the surface which demonstrates the ability of the cells to penetrate into the scaffold's bulk. A penetration depth of at least 885 μm is suggested based on preliminary multiphoton microscopy studies (data not shown) which could be a promising sign of using these scaffolds as potential substrates for 3D culture and bone/joint tissue engineering.

Discussion

The emulsifying properties of TiO_2 nanoparticles could be attributed to the relatively weak interaction (hydrogen bond) between the brønsted acid site (Ti-OH) of TiO_2 and polar groups of PDLA like $\text{C}=\text{O}$.³³ Heating PDLA above its glass transition temperature, the polymer softens and a polymer-in-water emulsion is obtained. It is assumed that TiO_2 nanoparticles are adsorbed at the polymer-water interface to stabilize polymer-in-water emulsion by reducing interfacial tension. The mechanism has been schematically represented in Figure 8. We exploited this mechanism to obtain solvent-free microspheres coated with TiO_2 nanoparticles.

Figure 8. Schematic representation of PDLA-water emulsification through TiO_2 nanoparticles.

According to Hildebrand and coworkers,³⁴ for TiO_2 nanoparticles to sit on the interface of polymer-water, they have to be wetted by both polymer and water. The assembly of the particles onto the interface helps the interface bend in the direction of the more poorly wetting phase (i.e. the polymer) and consequently facilitates its emulsification into droplets. The adhesion energy of the TiO_2 particles at the interface could be described by the following equation:

$$\Delta E = \pi R^2 \sigma (1 - |\cos \theta|)^2 \quad (1)$$

where ΔE is the escape energy needed to remove the particle from the interface, R is the radius of the particle, σ is the interfacial tension between two phases and θ is the contact angle between the TiO_2 nanoparticle and the polymer.

According to the equation, decreasing the particle size decreases the adhesion energy. However, one should note that the particle size may also affect the contact angle. Smaller particles represent higher surface area and more active functional groups on the

surface which may cause a better interaction with the polymer droplet surface. This may result in contact angles closer to 90° and enhanced adhesion energy.

Heating the microspheres above the glass transition temperature of PDLA results in enhanced molecular movement and increases the opportunity for diffusional rearrangement of polymer chain segments. Increasing chain motility, new entanglements may form between the surface chains of two adjacent microspheres leading to a united porous architecture after cooling. We obtained scaffolds with porosities in the range of $30 \pm 2.6\%$ (See supplementary data for details about porosity) through this method. Sintering temperature and sintering time are the most important processing parameters which affect scaffold properties including pore size and porosity. Elevated sintering temperature and longer sintering time are expected to have the same effects since both of them increase the extent of microsphere fusion. Jiang et al found that a higher sintering temperature as well as a longer sintering time results in a greater median pore size but decreased pore volume.²¹ Their finding might be a result of possible closure of pores among the microspheres which occurs for the smaller pores first.

The highly active surface of our samples for calcium phosphate nucleation and growth may be a result of surface modification by TiO₂ nanoparticles and the mechanism by which it happens is of our great interest. Gerhardt et al found non-stoichiometric HA crystals on both pure PDLA and PDLA/TiO₂ composite films after immersion in supersaturated SBF. Based on their observation two possible mechanisms could be proposed for apatite formation from the SBF solution³⁵:

- 1- PDLA surface: PDLA surface is hydrolyzed when gets into contact with water converting ester linkages into surface carboxylic groups (COOH). COOH groups dissociate into carboxylate anions (COO⁻) providing a negatively charged surface for binding of calcium ions (Ca²⁺). As a result, nucleation and subsequent HA crystal growth is stimulated.
- 2- TiO₂ nanoparticles: presence of TiO₂ nanoparticles causes water absorption on the surface of microspheres. As a result, titanium hydroxide (Ti-OH) groups form. Dissociation of these Ti-OH groups leads to a negatively charged surface providing sites for calcium phosphate nucleation.

Both of the mechanisms suggest the formation of a negatively charged surface group which has been reported to be effective for apatite nucleation while positively charged surface groups are claimed to have weaker apatite nucleating ability.³⁶ However, incorporation of TiO₂ nanoparticles improved the bioactivity of PDLA films³⁵ indicating the key role of these nanoparticles in bioactivity. Furthermore, in our study the surface of the microspheres responsible for interaction with SBF solution ions was mainly covered by

TiO₂ nanoparticles ([Figure 1](#)). Therefore, the second mechanism seems to be the dominant mechanism of bioactivity and should be considered in detail. TiO₂ nanoparticles have several acid sites including Lewis acid site (Ti⁺) and Brønsted acid site (Ti-OH) on the surface.^{37,38} X-ray Absorption Fine Structure (XAFS) measurements at the Ti K-edge performed by Chen et al showed shorter Ti-O distances for surface TiO₂ resulting from Ti-OH bonding on the surface of nanoparticles.³⁹ These Ti-OH groups could be assumed to trigger the nucleation in the apatite formation process. It has been suggested that Ti-OH groups incorporate the calcium ions in the SBF solution to form calcium titanate. As the Ca²⁺ cations accumulate, the consequent positively charged surface incorporate the phosphate ions in the solution to form an amorphous calcium phosphate (ACP) which later crystallize into bonelike apatite.⁴⁰ The formation of the calcium titanate is assumed to be initiated by electrostatic interaction of negatively charged units of titania dissociated from the Ti-OH groups with the positively charged calcium ions in the solution. Our finding that calcium deposition occurs before phosphate deposition is perfectly in agreement with the suggested mechanism. Gemelli et al achieved the same outcome about the deposition order when soaked treated titanium in supersaturated S-SBF solution. They also detected calcium and titanium but no phosphorous at the interface between the titanium implant and bone indicating the ability of calcium titanate to link directly to the bone.⁴¹ According to our EDX analysis, at the 1st day of immersion, only Ca²⁺ and Cl⁻ ions deposited from the solution and no phosphorous was detected until the 3rd day of immersion neither through EDX analysis nor FTIR spectra. Titanium was the other element detected which could be assumed to exist both as the surface TiO₂ and incorporated into CaTiO₃. Adsorption of chloride anions instead of phosphate ones in the beginning stage of immersion could be attributed to the following facts:

- 1- Phosphate anions cannot effectively compete with chloride adsorption because of their relatively low charge density.⁴²
- 2- Chloride anions have relatively high concentration in the prepared SBF solution compared to other anions (see [Table 1](#)) leading to enhanced adsorption of these ions. According to Langmuir adsorption isotherm, the extent of adsorption of a component depends on its concentration as follows⁴³:

$$n = \frac{MkC}{1+kC} \quad (2)$$

where, k and M indicate the affinity of the adsorbate for the adsorbent and the total capacity of the adsorbent, respectively; n represents the quantity of adsorbate sorbed per unit mass of sorbent and C is the equilibrium concentration of the adsorbate in the liquid phase.

Furthermore, competitive adsorption equations in a multi-component system could be derived from Langmuir isotherm as⁴⁴:

$$n_1 = \frac{Mk_1C_1}{1+k_1C_1+k_2C_2} \quad (3)$$

which indicates the importance of both concentration and affinity of the adsorbate.

Both EDX analysis and FTIR spectra confirm the adsorption of phosphate groups at the 3rd day of immersion. In this stage, the positive charge of the formed calcium titanate has been proposed to encourage interaction with the negatively charged phosphate groups in the solution to form amorphous calcium phosphate.⁴⁰ It should be noted that Na⁺ cations were also adsorbed in this stage together with phosphate anions which could be also a result of high concentration of sodium ions in the solution compared to other cations (see Table 1). Furthermore, a kinetic and thermodynamic study by Rabadjieva et al showed that the precipitated ACP from SBF solutions always contained impurities due to co-precipitation, ion substitution and incorporation phenomena.⁴⁵ We were unable to detect the expected ACP phase neither in XRD patterns (See supplementary data) nor FTIR spectra maybe because the ACP precipitate is a highly unstable phase and hydrolyzes almost instantaneously to more stable phases.⁴⁶ The hydrolysis of pure ACP to apatite at the physiological pH of 7.4 and 37 °C has been reported to occur within 6 minutes.⁴⁷ As mentioned before, the ACP phase is expected to crystallize into bonelike apatite. HA has been reported to form through nucleation and growth directly from ACP^{48,49} or transformation of OCP.⁴² We found some signs of presence of OCP at the 3rd day of immersion (after phosphate adsorption) in FTIR spectrum of the precipitated mineral. The small FTIR peak at 1260 cm⁻¹ barely assigned to HPO₄²⁻ of OCP detected at the 3rd day of immersion could possibly support the formation of this compound as the precursor for HA particularly when the peak disappeared at the 7th day. It is in agreement with the fact that while HA is more stable thermodynamically, OCP formation is more favorable kinetically.^{50,51} However, further investigation is required to precisely determine if HA nucleates directly from ACP or forms through OCP dissolution-precipitation in such a system. In fact, the partial structural resemblances of poorly crystalline HA and OCP may result in relative similarity of experimentally obtained data. In the case of XRD patterns, the OCP peak at very low 2θ angles (around 4.7°) may assist for confident distinguishing of two phases. However, low ranges are not always examined (just like this study) because of the specific diffractometer setup required.³¹

The hemispherical morphology of precipitates (Figure 6) on Ti-based surfaces has been previously observed in several studies and seems to be likely for both HA and

OCP.^{52,53} It is worth mentioning that the precipitation of each phase highly depends on the composition of the SBF used. For instance, Lu et al used R-SBF with the same HCO_3^- concentration level as in human blood plasma and found continuously growing crystals of OCP on the titanium surfaces with no transformation into apatite⁵² while employing SBF solutions with lower HCO_3^- content (like the SBF used in this study) resulted in apatite formation on the surface of treated titanium alloys.⁵³

Osteoblast culture showed time-dependent deposition of calcium and phosphate on scaffolds over a 21 day period. Negatively charged surface of scaffolds due to the presence of Ti-OH as well as carboxylate anions (COO^-) dissociated from carboxylic groups of PDLA triggered and promoted the deposition of calcium cations and subsequently adsorption of phosphate anions. Due to the equilibrium complexation of anions and cations, adsorption of Ca^{2+} is dependent on PO_4^{3-} adsorption and vice versa. Therefore, initial calcium accumulation on the scaffolds, triggered the phosphate anions to precipitate. This can be seen in the phosphate content of scaffolds after 21 days which has increased over five folds in comparison with 7th day.

Taking both staining and previous characterization results into account, we came to the conclusion that osteoconductive pathway was progressed on the scaffolds in three phases: cell proliferation, ECM secretion, and finally mineralization. Co-localization of calcium and phosphate ions may be inferred from complex interaction between calcium and phosphate ions. It has been revealed that attached cells to the bioactive scaffolds, show more mineralized matrix than non-attached cells.⁵⁴ Cell adhesion is associated with protein binding on mineralized surface of the scaffolds. Therefore, calcium and phosphate secretion may suggest the expression of osteopontin, a phosphoprotein having calcium binding domains and is responsible for cell attachment and proliferation. Vitronectin is another protein associated with cell adhesion. Conformational changes on vitronectin occur upon its binding on the bioactive surfaces exposing more cell binding domains.⁵⁵⁻⁵⁸ Highly porous and bioactive surface of the scaffolds enhanced protein binding on the calcium phosphate-rich surfaces. Choi et al⁵⁹ probed the effect of coating morphology and surface roughness on cell attachment and subsequent cellular response. Interestingly, they reported that spherulitic micro-morphology of mineralized coating, exhibited higher cell attachment compared to that plate-like and net-like micro-morphology. This may be attributed to the increased protein absorption on the spherulitic micro-morphology. As a comparison with their results, we can see in Figure 6 that the surface micro-morphology of our scaffolds, looks like nearly spherulitic rather than plate-like and net-like pattern. Hence, spherulitic micro-pattern of our scaffold surface coating presents a valuable surface morphology for cell expansion and adhesion.

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Appendix A. Supplementary data

The following are the Supplementary data to this article.

The preparation procedure of solvent[HYPHEN]free microspheres and gradient scaffolds

Manuscript Title: From Solvent-Free Microspheres to Bioactive Gradient Scaffolds

1. Fabrication of microspheres and scaffolds

PDLA, the bulk component of the microspheres, has been reported to be completely resorbed in animal models with a maximum decrease in pH by 0.1 units at the implantation site [1]. In addition, PDLA degrades without any crystalline remnants responsible for swelling and foreign body reactions at the implantation site. [2] In this method, TiO₂ nanoparticles were employed both as the surface modification agent and particulate emulsifier. TiO₂ nanoparticles have been reported to improve cell attachment, increase cell proliferation and significantly enhance ALP activity and calcium secretion. [3]

PDLA microspheres were fabricated through a melt-emulsification method where TiO₂ nanoparticles acted as particulate emulsifier. In this method, the polymer is heated above its glass transition temperature to increase chain relaxation and motility while suspended in water. If the temperature is high enough, a melt emulsion forms that is stabilized via particulate emulsifier. Such emulsion yields solid microspheres when cooled down. Glass transition temperature of the polymer was measured using Differential Scanning Calorimetry (DSC 404 F1, Germany) at a heating rate of 10°C/min. As illustrated in DSC thermogram (**Figure 1**), the glass transition of the PDLA used is around 45°C. The temperature employed in this study (80°C) was high enough to form the emulsion while it was below the water boiling point.

Heating the polymer above its glass transition temperature may affect the crystallinity. However, DSC results (**Figure 1**) showed that the polymer remained poorly crystalline in the second scan after being heated to 80°C in the first scan.

TiO₂ nanoparticles were employed as the particulate emulsifier in this study. In the absence of these particles, almost no microsphere could be obtained. When the polymer alone is added to water, stirred and heated, the major portion of the material adheres to the walls of the container in order to minimize the contact area and surface tension. The very small

remaining part of the material forms non-spherical shapes. However, in the presence of TiO₂ nanoparticles, perfect spheres could be obtained which might be a result of adsorption of TiO₂ nanoparticles on the polymer-water interface to decrease the surface tension.

Figure 2 illustrates the outcome of the preparation procedure in the absence and presence of TiO₂ nanoparticles. **Figure 3** shows the zeta potential values for the suspension of TiO₂ nanoparticles in water before addition of polymer and supernatant of the final product. The zeta potential of the suspension was -25 ± 0.2 mV while it was found to be -16.5 ± 0.6 mV for the supernatant.

Heating the prepared microspheres above their softening temperature induces microsphere fusion leading to a porous structure. The voids between the fused microspheres are considered as the interconnected pores. Consequently, the controlled pore size gradient could be achieved by controlling the size of microspheres along the scaffold.

2. Preparation of Simulated Body Fluid (SBF)

Briefly, reagent grade NaCl, NaHCO₃, KCl, K₂HPO₄·3H₂O, MgCl₂·6H₂O, 1.0M HCl, CaCl₂ and Na₂SO₄ were dissolved in distilled water one after another at $36.5 \pm 1.5^\circ\text{C}$. The pH was then adjusted to 7.4 using Tris and 1.0 M HCl while the temperature was kept in the range of $36.5 \pm 0.5^\circ\text{C}$. It should be noted that the concentrations of Cl⁻ and HCO₃⁻ ions differ from those of blood plasma. Adjusting ion concentrations equal to blood plasma has been reported to produce an unstable SBF solution with precipitated calcite only after one day. [4]

3. Pore size distribution and Porosity of scaffolds

The pore size distribution through the scaffold was determined using micro-CT data and particle analyzer feature of ImageJ software. The obtained data has been represented in Figure 4. As can be seen, the pore size ranges from very small pore (< 50 μm) to big pores (> 300 μm).

The porosity of the scaffolds was measured through a liquid displacement technique. Ethanol was used as the liquid medium. The porosity was determined using the following equation:

$$\text{porosity} = \frac{W_2 - W_1}{W_2 - W_3} \times 100 \quad \text{Equation 1}$$

Where W_1 is the weight of the sample in air, W_2 the weight of the sample with liquid in pores, and W_3 the weight of the sample suspended in ethanol.

The porosity of the scaffolds found to be in the range of $30 \pm 2.6\%$ which is between the corresponding amounts for cancellous and cortical bone. [5, 6] Indeed, the scaffolds fabricated through the microsphere sintering method have been reported to have porosities between 28-41%. [3, 7, 8]

The obtained porosity value could be simply explained by calculating the volume occupied by the spheres considered as sphere packing problems in geometry. "Irregular" or "Jammed" packing configuration are the terms used when spheres are randomly added to a container and compressed. Many authors have reported a density of about 55% when the spheres are packed in the loosest way [9-11] while the maximum density for such a

random packing have been reported to be around 64%. [9, 11, 12] A more recent study by Song et al. showed that random packing of hard spheres in three dimensions cannot exceed a density limit of about 63.4%. [13] Our scaffold as well as most of the microsphere-sintered ones is fabricated through irregular packing of the microspheres within a confined space; consequently, a porosity of around 36% is expected based on the maximum density reported for a random packing configuration. However, one should note the effect of sintering on the porosity of the scaffolds. The more the microspheres fuse, the less the porosity is obtained. In fact, decreasing the porosity of the scaffolds to 30% might be a result of microsphere fusion during the sintering procedure.

4. X-Ray Diffraction (XRD) analysis

In order to study the crystallinity of the prepared samples and precipitated minerals on their surface, XRD patterns were collected (angle range of 10-90°) using a Bruker D8 Discover system operated with 0.8 mm beam size at a generator voltage of 40 kV, tube current of 40 mA and Cu-K α radiation. Further details of the crystal structure investigation may be obtained from the Fachinformationszentrum Karlsruhe, D-76344 Eggenstein-Leopoldshafen (Germany), on quoting the depository number CSD-430098 and -430099.

Figure 5 shows the XRD patterns of the samples before and after immersion in SBF. The broad amorphous hump in the beginning region of the patterns ($2\theta=10-25^\circ$) could be attributed to the amorphous nature of PDLA. This hump weakens with time and finally disappears on the 14th day of immersion maybe because of the thick precipitated layer of calcium phosphate on the surface. The peak at around $2\theta=16^\circ$ (observed more apparently on the pattern of the 3rd day) could be attributed to the presence of octacalcium phosphate (OCP) or hydroxyapatite (HA) with characteristic diffraction line corresponding to (-101) plane; [14] interestingly, this peak disappears with the prolonged immersion time. The peaks at $2\theta=31.7, 32.9, 45.4, 56.3^\circ$ imply on the formation of OCP or HA at various immersion times. [15, 16] It is evident that the precipitated minerals are not highly crystallized; the broad peak at the 2θ diffraction angle of 32° obtained on the 14th day is typical for poorly crystalline HA. [17]

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Figure 1 DSC thermogram of PDLLA used in this study (10°C/min, second scan)

Figure 2 The outcome of the preparation method in the absence (A, B) and in the presence of TiO_2 nanoparticles (C, D)

Figure 3 Zeta potential of suspension of TiO₂ nanoparticles in water (A) and supernatant after microsphere preparation (B)

Figure 4 Pore size distribution through the scaffold obtained by analysis of micro-CT output using ImageJ software.

Figure 5 XRD patterns of samples before (A) and after immersion in SBF for 1 (B), 3 (C), 7 (D) and 14 (E) days. The peaks could be attributed to the presence of OCP or HA