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Nanomagnetic-Mediated Drug Delivery for The Treatment of Dental Disease

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Abstract

Maintaining the vitality of the [dental pulp](#), the highly innervated and highly vascular, innermost layer of the tooth, is a critical goal of any [dental procedure](#). Upon injury, targeting the pulp with specific therapies is challenging because it is encased in hard tissues. This project describes a method that can effectively deliver therapeutic agents to the pulp. This method relies on the use of [nanoparticles](#) that can be actively steered using [magnetic](#) forces to the pulp, traveling through naturally occurring channels in the [dentin](#) (the middle layer of the tooth). This method can reduce the inflammation of injured pulp and improve the [penetration](#) of dental [adhesives](#) into dentin. Such a delivery method would be less expensive, and both less painful and less traumatic than existing therapeutic options available for treatment of injured dental pulp. This technique would be simple and could be readily translated to clinical use.

Graphical Abstract

In this manuscript, technology to steer and deliver drug-laden nanoparticles to the tooth pulp is described. This technology exploits naturally occurring dentinal tubules that extend from the dentin to the pulp, and magnetic forces to actively steer iron nanoparticles deep into the tooth structure. This technology was tested on rat molar teeth and in freshly extracted human teeth and can be used to deliver drug-laden nanoparticles to the pulp, or to enhance the bond strength of commercially available resin adhesives to the tooth dentin.

Abbreviations

IL1 β Interleukin 1 beta

PDGF α Platelet-derived growth factor alpha

SEM Scanning electron microscopy

TGF β Transforming growth factor beta

TNF α Tumor necrosis factor

Key words

Magnet, Nanoparticles, Drug delivery, Pulp, Composite

[Dentinal tubules](#) are microscopic channels that extend outwards, through [dentin](#), from the [dental pulp](#) (soft, inner layer of the tooth) to the [enamel](#) border (hard, outer layer). In humans, these tubules are 0.3–2 μm in diameter and usually taper and may exhibit branching as they approach the pulp. Dentinal tubules are abundant in dentin (middle layer) and their density ranges from 10–30 tubules per 100 μm^2 of dentin.¹ Dentinal tubules serve as an important route for the delivery of nutrients to the dentin from the pulp and contain: [dental fluids](#), un-mineralized collagen, processes of cells that deposit dentin (odontoblasts), [sensory nerve](#) terminals and [immunoglobulins](#) and complement proteins that assist with the defense against microorganisms.¹ Dentists recognized the importance of these tubules decades ago and it is through these dentinal tubules that micromechanical retention of esthetic composite [resin](#) restorations is achieved.^{1, 2} It is also through these tubules that the [by-products](#) of bacterial [fermentation](#) attack the highly innervated and highly vascular, innermost layer of the tooth, the [tooth pulp](#), and consequently, cause [pulpitis](#) and consequently dental pain.^{3, 4}

Maintaining pulp vitality is a goal of any procedure on the tooth and a healthy pulp is necessary for tooth [nutrition](#), innervation, and immunocompetency.⁵ However, since the pulp is encased in hard tissues, targeting pulpal tissues with specific therapies is challenging. Systemic pharmacologic treatments are not effective because they do not effectively reach the pulp and topical drug delivery would be more concentrated, more beneficial and would have a more favorable side-effect profile.⁶

Dentists have tried, with mixed results, passive [diffusion](#) and [iontophoresis](#) to propel charged minerals and therapeutic agents including [potassium](#), [fluoride](#), and [bisphosphonates](#) to reduce tooth sensitivity and treat invasive idiopathic [resorption](#) of the tooth.^{7, 8, 9, 10, 11}

Here, we describe and test an active therapeutic agent delivery method to the [dental pulp](#). We exploit [dentinal tubules](#) and use external [magnetic](#) forces to transport drug-eluting [nanoparticles](#) through the dentinal tubules to the pulp. Unlike [diffusion](#), which is a passive process, magnetic forces can be arranged to act in one direction;

they can actively transport substantially more drug to a target than either diffusion or [iontophoresis](#),[12](#), [13](#), [14](#) and can be designed/constructed so as to [release drugs](#) over an extended period of time. This gentle, non-invasive and active delivery method may prove effective in introducing therapeutic agents into the pulp, along with other [dental applications](#) that involve dentinal tubules.

Methods

Nanoparticles

To deliver [prednisolone](#) to the pulp, commercially available chitosan-coated [nanoparticles](#) (300 nm, chemicell nano-screenMAG/G-Chitosan-Prednisolone, lot 1704/15, size 300 nm, 25 mg/ml) were used. These particles were applied to experimental [cavities](#) in rat mandibular [molar teeth](#) (1 µl per tooth).

To improve [penetration](#) of [resin adhesive](#) to the pulp, iron nanoparticles fabricated by reduction method were used. These particles were produced by reducing iron (II) in the [aqueous solution](#) of iron (II) chloride tetrahydrate by [sodium borohydride](#) with the addition of [polyvinylpyrrolidone](#) (PVP, Mw = 40,000) as stabilizing ligands in a flask. The iron nanoparticles were collected by placing a magnet beneath the flask and washed with water to remove [PVP](#). The nanoparticles were then coated with [silica](#) via the [hydrolysis](#) of [tetraethyl orthosilicate](#) (TEOS) in ethanol. A solution of methacryloxypropyltrimethoxysilate (KH570) in ethanol was then added into the reaction to introduce [acrylate functional groups](#) onto silica-coated nanoparticles. A magnet was used to collect the acrylate-functionalized [magnetic](#) nanoparticles. These nanoparticles were dispersed into a commercially available adhesive resin (Scotch Bond MultiPurpose, 3M) with the aid of a mechanical mixer (DAC 150 Speed mixer, Flacktek, Landrum, SC, USA). The control adhesive did not include any nanoparticles. For the restoration, composite resin (TPH, Caulk/Dentsply, Milford, DE) was used. All procedures involving adhesive resin and composite resin were carried out under safe yellow light.

Animal anesthesia and preparation

All experiments involving animals were performed under a University of Maryland Baltimore approved IACUC protocol and in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki). Adult male and female [Long Evans Rats](#) (n = 81; Charles River Laboratories) were used. Animals were anesthetized using ketamine/xylazine (100/10 mg/kg, I.P.) or [isoflurane](#) (5% for induction and 1-3% for maintenance). Anesthetized animals were placed on a surgical table on a regulated heating blanket in the [supine position](#). A small horizontal metal bar secured to the surgical table was placed on top of the mandibular [incisors](#) and used to stabilize the [mandible](#). A stereotaxic incisor holder was attached to the maxillary incisors and used to open the mouth. A microscope was used to visualize the teeth during preparation. A high speed dental hand piece was used to prepare rat mandibular molars. Irrigation with cold, sterile isotonic saline was applied every 5 seconds during preparation to avoid excessive heat and [suction](#) was applied at the same time to prevent saline from penetrating the animal's airway. A round [carbide](#) bur was used (0.4 mm in diameter). The cavity preparation extended 0.25 mm into [dentin](#). The cavities were left exposed for two weeks before nanoparticle treatment.

Nanoparticle application in rats

Animals were anesthetized using ketamine/xylazine (100/10 mg/kg, I.P.) or isoflurane (5% for induction and 1-3% for maintenance). The teeth were washed and cleaned thoroughly from debris. A magnet (maximum internal field:1.4T, surface field: 0.54T; BX0X0X0-N52; K&J Magnetics, Inc.) was placed under the mandible and prednisolone-eluting nanoparticles (1 µL, >180 million particles) were applied to the cavity. After 30 minutes, the magnet was removed and the cavity was washed using isotonic saline and suction. The cavity was then etched using 37% [phosphoric acid](#), and primer and bonding agent (Scotch Bond Multipurpose, 3M) were applied

and light-cured. Composite resin was applied and light cured and the restoration was finished and polished to ensure that it conforms to the tooth contours and that it is not sharp or rough.

Extraction of specimens

For [qRT-PCR](#), the animals were deeply anesthetized with Ketamine/Xylazine and sacrificed. The mandibular teeth were immediately extracted and flash frozen using [liquid nitrogen](#). The teeth were stored in -80°C freezer until time of use. For histology, the animals were euthanized with [sodium pentobarbital](#) (100 mg/kg). The rats were perfused transcardially with buffered saline followed by 4% buffered [paraformaldehyde](#). The mandibular jaw, containing the teeth was removed, decalcified, embedded in [paraffin](#) and sectioned.

qRT-PCR analysis

Primers for all SYBR assays were designed using Primer 3 (see <http://www.ncbi.nlm.nih.gov/tools/primer-blast/index.cgi>). [Melting curve](#) analysis was performed to ensure single-product amplification for all primer pairs. TaqMan[®] assays were obtained from Applied [Biosystems](#). [RT-PCR](#) was performed on the ABI 7900HT Fast [Real Time PCR](#) System (Applied Biosystems) using assays specific for each gene of interest. For SYBR assays, each reaction well contained 5 μL of *Power SYBR Green PCR Master Mix* (Applied Biosystems, Cat#4367659), [cDNA](#) equivalent to 20ng of total RNA and 400nM each of forward and reverse amplification primers in a reaction volume of 10 μL . For TaqMan[®] assays, each reaction well contained 5 μL of Gene Expression Master Mix (Applied Biosystems, Cat#4370074), cDNA equivalent to 20ng of total RNA and 0.5 μL of 20X concentrated TaqMan[®] assay in a reaction volume of 10 μL . Cycling conditions were as follows: 95°C for 10 minutes for [polymerase activation](#), followed by 40 cycles of 95°C for 15 seconds and 60°C for 1 minute. Data analysis was performed using Sequence Detection [System software](#) from Applied Biosystems, version 2.4. The experimental Ct (cycle threshold) was calibrated against the endogenous control product GAPDH. Samples were analyzed for relative gene expression by the $\Delta\Delta\text{Ct}$ method. Two-way Analysis of Variance (ANOVA) followed by Dunnet's multiple comparison test was used for statistical analysis. A $P < 0.05$ was considered significant.

Histological analysis

Mandibular jaws containing the teeth were decalcified, embedded in paraffin and sectioned sagittally (7 μm thick) for histological evaluation. The sections were mounted on slides, deparaffinized and cleared using [xylene](#). Filtered 0.1 % [hematoxylin](#) was used to stain the sections for 10 minutes then rinsed in [distilled water](#). The sections were then stained with [eosin](#) and dehydrated using alcohol. [Mounting medium](#) was then applied and the slides were coverslipped before examination under the microscope. A calibrated Oral & Maxillofacial [Pathology](#) investigator evaluated all the slides for the following criteria: Pulp inflammation (range of scores 0-3, lower number indicates less inflammation), pulp [vascularity](#) (scores: 0-9, lower score indicates normal vascularity), the width of [periodontal ligament](#) (0-3, lower score indicates normal ligament with no fibrosis), and the presence of periapical inflammation (0-7, lower score indicates a normal periapical area). Five sections from each animal were evaluated. The sum of scores was calculated for each animal, and then averaged across animals in each group. The average cumulative score was compared across the groups using the [Kruskal-Wallis test](#), a $P < 0.05$ was considered significant.

Tooth bonding

Human teeth were mounted in a [PVC](#) plastic tube. The [occlusal](#) one-third of the tooth crown was removed to expose the mid-coronal dentin using a low speed saw (IsoMet Low Speed Saw, Buehler Ltd., Illinois, USA). The distance from the occlusal surface of the dentin, to the bottom of the PVC tube was 25 mm. The dentin surface was polished with 600-grit SiC paper. The teeth were etched with 37% phosphoric acid gel for 15 s, and rinsed with distilled water. The primer was applied (Adper Scotchbond Multi-Purpose Primer, 3M ESPE) and the solvent was removed with a stream of air for 5 s. The adhesive (Adper Scotchbond Multi-Purpose Adhesive, 3M ESPE)

was then applied and a magnet (Neodymium N52, described above) was placed immediately below the tooth for a period of 3 minutes before light-curing for 10 s (Optilux VCL 401, Demetron Kerr, Danbury, CT). Composite resin was applied and light-cured for 60 s. In control experiments, control adhesive was applied without nanoparticles or magnetic pull. One-way ANOVA followed by Dunnett's multiple comparison test was used to compare between the groups. A $P < 0.05$ was considered significant.

Scanning electron microscopy

The resin bonded discs were polished to a high gloss with 600-grit emery paper and $0.05\mu\text{m}$ [alumina](#) under a stream of water. The sections were demineralized in [hydrochloric acid](#) (HCl) solution (6mol/L) for 10 s, and deproteinized in 1% [sodium hypochlorite](#) (NaOCl) solution for 10 min. The sections were sputter-coated with gold and examined in a Hitachi [SEM](#) model S-2500 using an [accelerating voltage](#) of 15.0 kV.

The [micromorphology](#) at the dentin-restoration interface was randomly visualized under SEM for each specimen. To quantify resin tag length, a blinded investigator measured the length of each resin tag from the edge of the [hybrid layer](#) to the tip of the resin tag. An average resin tag length was calculated for each specimen from three randomly acquired SEM images of the dentin/tooth interface. The overall average resin tag length was calculated for each group ($n = 5$ teeth/group). To quantify resin tag density, the number of resin tags present relative to the width of field of view was calculated and averaged for each specimen. The average density was then averaged for each group. A [Student "t" test](#) was used to compare between the groups. A $P < 0.05$ was considered significant.

Results

To experimentally inflame the pulp, we prepared moderate-size experimental [cavities](#) localized to the [dentin](#) of rat mandibular molars. The cavities were left untreated for 2 weeks before undergoing treatment using prednisolone-eluting [magnetic nanoparticles](#) that were actively guided to the [tooth pulp](#) using strong external magnetic forces ([Figure 1](#), A). In control experiments, untreated (naïve) teeth and teeth treated with the same nanoparticles, without magnetic pull, were used. The teeth were harvested at 3 different survival periods (2 weeks, 4 weeks and 6 months) to assess changes in expression of 4 different cytokines in the [dental pulp](#).

Figure 1. The effect of [prednisolone](#) eluting [nanoparticles](#) on the expression of [inflammatory cytokines](#) and growth factors in the rat [tooth pulp](#). (A) [Experimental design](#): Experimental [cavities](#) were prepared in rat mandibular [molar teeth](#) and

cavities were left exposed for 2 weeks. After two weeks, the cavities on one side of the [mandible](#) were treated with prednisolone-eluting nanoparticles and a magnet was placed under the jaw for 30 minutes. On the other side, nanoparticles were placed in the cavity for 30 minutes, but without [magnetic](#) pull. The teeth were then cleaned and restored with composite [resin](#). After a survival period of 2 weeks, 4 weeks and 6 months, [qRT-PCR](#) was performed to study changes in the levels of (B) $Il1\beta$, (C) $PDGF\alpha$, (D) $TGF\beta$ and (E) $TNF\alpha$. * denotes significant statistical difference. Error bars indicate standard deviations.

The expression levels of [interleukin 1 beta](#) ($Il1\beta$) was significantly different between the control and experimental groups ($F = 13.83$, $P < 0.001$, ANOVA, [Figure 1](#), B). $Il1\beta$ was significantly elevated following cavity preparation and nanoparticle treatment 2 and 4 weeks after treatment in the experimental group, before approaching baseline values at the 6-month time point. $Il1\beta$ levels were significantly reduced when prednisolone-eluting nanoparticles were actively pulled to the pulp compared to controls (no magnetic pull) 2 weeks after treatment ([Figure 1](#), B).

The expression levels of [platelet-derived growth factor](#) alpha ($PDGF\alpha$) ([Figure 1](#), C) and [transforming growth factor beta](#) ($TGF\beta$) ([Figure 1](#), D) were also significantly different between the groups ($PDGF\alpha$: $F = 7.48$, $P < 0.001$, $TGF\beta$: $F = 11.52$, $P < 0.001$, ANOVA). Both of these cytokines followed a similar pattern to that of $Il1\beta$, with both being significantly elevated compared to untreated teeth, and their expression being significantly less in treated teeth at 2 weeks, when magnetic pull was applied, compared to controls. The levels of [tumor necrosis factor](#) ($TNF\alpha$) were not influenced by cavity preparation or nanoparticle application ($F = 1.197$, $P = 0.31$, ANOVA, [Figure 1](#), E).

We further evaluated the [anti-inflammatory effects](#) of magnetic delivery of therapeutic nanoparticles using histological evaluation of teeth that were pre-prepared with experimental cavities as described above. Magnetic delivery of prednisolone-eluting nanoparticles was most effective in reducing [cytokine](#) levels 2 weeks after treatment, and therefore, we focused our [histological analysis](#) on that time point. We evaluated the tooth pulp for the presence of inflammation, and changes in [vasculature](#). We also evaluated the [periodontal](#) ligament for signs of widening, and the periapical area for signs of inflammation. In [Figure 2](#), representative examples of sagittal sections through [molar teeth](#) obtained from naïve, experimental and control animals are shown. Tissues from animals in which prednisolone-eluting nanoparticles were actively steered to the pulp exhibited scores that were not significantly different from those of tissues from untreated animals ($P = 0.004$, [Kruskal-Wallis test](#), [Table 1](#)). In control animals, when no magnetic pull was performed, pulp and periodontal tissues scored significantly higher for signs of inflammation and tissue damage when compared to tissues obtained from untreated animals ([Table 1](#)). Taken together, these findings indicate that active steering of drug-eluting nanoparticles is necessary for the anti-inflammatory effects observed, further suggesting that iron nanoparticles, guided through [dentinal tubules](#) using magnetic forces, can serve as an effective drug delivery system to the pulp.

Figure 2. The effect of [prednisolone](#) eluting [nanoparticles](#) on the histology of the rat [tooth pulp](#). (A) Sagittal section of a naïve untreated decalcified rat mandibular molar showing the [dentin](#), viable healthy pulp, and alveolus. (B) An example of rat tooth viable healthy pulp and surrounding root of a rat tooth treated with prednisolone-eluting nanoparticles and [magnetic](#) forces. (C) An example of rat tooth hyperemic pulp and surrounding structures of a rat tooth treated with prednisolone-eluting nanoparticles, without magnetic pull.

Table 1. Histological evaluation of harvested teeth

Group	Pulp inflammation (score range: 0-3)	Pulpal vascularity (0-9)	Periodontal ligament widening (0-3)	Periapical area inflammation (0-7)	Average total score (Sum)
Naïve	0	0	0	0	0 ^a
Experimental	1.4	1.2	1.4	1	5 ^{ab}
Control	3.6	2.2	2.6	1.4	9.8 ^b

Values modified with the same superscript letter are not significantly different.

In addition to serving as vessels to deliver nutrients to and from the pulp,¹⁵ dentinal tubules play a significant role in facilitating the retention of composite [resin](#) restorations (esthetic fillings) that are commonly used to restore dental cavities.^{1, 2} Dentinal tubules allow for the formation of resin tags that assist in mechanically anchoring these restorations to dentin.^{16, 17} Therefore, we tested if our delivery system can be used to actively [steer](#) resin [adhesives](#) into dentinal tubules, and if such active guidance enhances the initial shear [bond strength](#) of composite resin to dentin. We used freshly extracted human third molar teeth, and a commercially available adhesive resin (Adper Scotch Bond, Multi-Purpose Adhesive, 3M) dispersed with acrylate-functionalized magnetic iron nanoparticles of various sizes (100-1000 nm, 2% w:v). We used this nanoparticle-doped adhesive, in combination with brief (3 min) external magnetic force application, to bond composite resin to prepared teeth ([Figure 3, A](#)). We discovered that shear bond strength of composite resin to dentin is significantly increased when the diameter of nanoparticles used was ≥ 600 nm ($F = 11.399$, $P < 0.001$, [Figure 3, B](#)). These findings indicate that actively guiding nanoparticle-doped adhesive into dentin enhances the initial bond strength of composite resin restorations to dentin and suggests that this active delivery method increases the probability of resin tag formation, improving the [penetration](#) of resins into dentin.

Figure 3. The effect of iron [nanoparticles](#) on the shear [bond strength](#) of composite [resin](#) to [dentin](#). (A) [Experimental design](#): Human [molar teeth](#) were sectioned to expose the dentin. Etch (15 s) then rinse, prime, and bond were performed using a nanoparticle-doped [adhesive](#). [Magnetic](#) pull for 3 minutes was performed when nanoparticle-doped adhesive was applied. The adhesive resin was then cured and composite resin applied and cured. (B) The shear bond strength of composite resin to dentin was significantly increased by incorporating nanoparticles in resin adhesive. This increase was dependent on particle size. * denotes significant statistical difference. Error bars indicate standard deviations.

To determine if magnetic pull does in fact improve the penetration of resin into dentin, we obtained [scanning electron microscopy](#) (SEM) images from cross sections of (1) teeth restored with the nanoparticle-doped adhesive and magnetic pull (900 nm, 2%, $n = 5$ teeth, 3 images/tooth), and (2) teeth restored with control adhesive (no nanoparticles, $n = 5$ teeth). Representative images are shown in [Figure 4, A-B](#). Teeth restored using the nanoparticle-doped adhesive and magnetic pull displayed an extensive network of resin tags penetrating dentin, both vertically and horizontally, compared to control ([Figure 4, A-B](#)). The average length of resin tag and the number of resin tags per field of view were also significantly greater in teeth restored with the nanoparticle-doped adhesive compared to controls ([Figure 4, C-D](#)). These findings further emphasize the utility of iron nanoparticles and magnetic forces as a delivery system in [dental applications](#).

Figure 4. Examples of [scanning electron microscopy](#) images of the resin-dentin interface obtained from (A) Control specimen and (B) Experimental specimen where a nanoparticle-doped [adhesive resin](#) was used. (C) Quantification of average resin tag length in control and experimental specimens (n = 5/group). (D) Quantification of average resin tag density per field of view. Error bars indicate standard deviations.

Discussion

This project describes a non-invasive delivery method that exploits naturally occurring [dentinal tubules](#), and uses [magnetic](#) forces, to actively [steer](#) therapeutic agents to the [dental pulp](#). We demonstrate that such methods can reduce the expression of [inflammatory cytokines](#) and reduce the inflammation of injured pulp. The results also indicate that this delivery method can be used to improve the [penetration](#) of dental [adhesives](#) into [dentin](#), which enhances the shear [bond strength](#) of composites to dentin.

[Nanoparticles](#) are used routinely in [dentistry](#). They are an integral component of esthetic fillings, porcelains, cements, and mineralized bone [scaffolds](#). To target pulpal tissues, we used nanoparticles that are commercially available Chemicell (Berlin, Germany). These particles consist of an [iron oxide](#) core coated with [polysaccharides](#) (starch or chitosan) to confer [biocompatibility](#). Chitosan-coated nanoparticles were used in this project because chitosan-coated nanoparticles may be more beneficial than starch-coated nanoparticles. [Particles coated](#) with [chitosan](#) can ionically bind greater drug loads due to their high [zeta potential](#) (+23 mV). These particles can, in turn, be loaded with drugs such as [steroids](#) (e.g.: prednisolone). These particles have been tested and determined to be biocompatible and non-toxic in both preclinical models^{18, 19} and in [human clinical trials](#),^{20, 21} where they were shown to be biocompatible in quantities much greater than the amounts used in this project, as such, the particles themselves are likely to have minimal effect on pulpal biology. These particles have also been used with great success to treat [inner and middle ear diseases](#),^{12, 14, 22, 23} and this delivery method may be instrumental in treating pulpal conditions that are [refractory](#) to current treatments, such as invasive cervical [resorption](#) of the dental pulp.²⁴

Properties that regulate the penetration of materials across dentinal tubules have been subjected to considerable study.²⁵ Thus, particle size will significantly influence the amount of drugs that can be delivered to the pulp. The most effective particle size will depend on both the applied magnetic forces and the resistance to motion within the tubules, including resistance due to pulpal pressure.²⁶ For a single particle, the magnetic force varies with particle volume (with the cube of particle diameter). If the particles are too small, they may not experience sufficient magnetic force; if they are too large, they may aggregate rendering them difficult to move through the narrow tubules. Only one size of nanoparticles (300 nm) was used to deliver nanoparticles to the pulp, and the force was applied for a period of 30 minutes. However, additional experiments are needed to assess the effect of particle size, and delivery time, on the efficiency of drug delivery to the pulp.

It is important to note that rat [molar teeth](#) are anatomically and developmentally similar to human teeth, albeit smaller in size²⁷; and moreover, rat molar teeth exhibit dentinal tubules that are within the range of diameters reported for human dentinal tubules²⁸; and the histologically observed healing of dental pulp tissue after injury in rats is comparable with the healing process described in humans and other mammals.²⁹ Nonetheless, the results of this study are the first step in exploring the benefits of delivery of therapeutic agents locally to the dental pulp. The results generated from this study will be used to design future preclinical and clinical trials and test the utility of drug-laden nanoparticles for the treatment of [dental disease](#).

This technology can also be used to improve bond strength of composite [resins](#) to dentin. A major concern with contemporary adhesive resins is their limited ability to infiltrate and penetrate demineralized dentinal [collagen fibrils](#) exposed by acid-etching or self-etch adhesives. This is due to inability of the adhesive to replace and remove loosely bound water around collagen fibrils³⁰; and due to the presence of highly hydrated negatively charged [proteoglycans](#) in the interfibrillar spaces preventing the adhesive from penetrating deep into the dentin [hybrid layer](#) resulting in a weaker adhesive/dentin interface.³¹ This incomplete [infiltration](#) renders exposed collagen fibrils susceptible to enzymatic attack by [metalloproteinases](#), which will degrade the composite bond to dentin and reduce its durability.^{32, 33, 34, 35} Therefore, an adhesive resin which improved penetration, as demonstrated in this study, could be used to provide for a successful, [durable](#) restoration.^{33, 36}

Incorporation of [fillers](#) into resin materials can produce adhesives with better mechanical properties, generating a stronger hybrid layer that is more resistant to degradation and water sorption, as shown in several studies.^{37, 38} [Niobium](#) pentoxide, colloidal [silica](#), [hydroxyapatite](#), [ytterbium](#) trifluoride, [tantalum oxide](#), [glass](#) and [zirconia](#) are among the filler particles that have been tested.^{39, 40, 41, 42, 43, 44, 45} However, these studies yielded mixed results. Some studies reported improved mechanical properties and bond strength when filled adhesives were used,^{40, 41, 43, 46} while other studies showed no change, or deterioration in mechanical properties or bond strength.^{47, 48, 49} However, none of these studies actively pulled the fillers to penetrate dentin.

Furthermore, previous studies of nanofilled adhesives show that nanoparticles were mostly unable to penetrate the interfibrillar spaces due primarily to a difference in [diffusion rate](#) between [monomers](#) and particles.³⁷ The reasoning for this possibly includes the presence of [non-collagenous proteins](#) and proteoglycans in the interfibrillar spaces which may exert [steric hindrance](#) for nanoparticle infiltration.⁴³ The use of active force to steer the nanoparticles may assist in overcoming these limitations, however, future studies are needed to determine the ability of this method to penetrate interfibrillar spaces within dentin.

In our *in vitro* experiments, we applied a single magnet under the teeth to align the magnetic force with dentinal tubule direction. In clinical situations, this is possible for mandibular teeth where the magnet can be placed under the chin. Such an approach may be challenging for maxillary teeth. However, an array of extraoral magnets can be designed (e.g. [Figure 5](#)) to deliver strong perpendicular forces to the teeth, regardless of their position in the [arch](#).

Figure 5. Custom made array made of 4 Neodymium N52 magnets (N = [north pole](#) of the magnet, S = south) for application of [nanoparticles](#) to maxillary teeth. To design this array, “Finite Element Method Magnetics” was used to compute the [magnetic field](#) and Matlab was used for optimization. Optimization was performed along a line 1.5 cm away from the face of the array. This configuration allows the pulling of nanoparticles apically in maxillary teeth, and mandibular teeth if necessary. Black lines represent magnetic fields.

The active delivery method we describe relies on iron nanoparticles and magnetic forces. This method exploits naturally occurring dentinal tubules, and can be used to deliver medications to reduce pulpal inflammation, and to enhance bond strength of composite resin to dentin. Such a delivery method is economical, less invasive and pain-free. It can allow for intervention at an earlier stage of the disease, i.e., before the pulp dies. The technique would be simple and could be readily translated to clinical use.

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