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Summary: Inhibition of Na^+/H^+ exchange (NHE) during ischemia reduces cardiac injury due to reduced reverse mode $\text{Na}^+/\text{Ca}^{2+}$ exchange. We hypothesized that activating NHE-1 at buffer pH 8 during ischemia increases mitochondrial oxidation, Ca^{2+} overload and reactive O_2 species (ROS) levels, and worsens functional recovery in isolated hearts and that NHE inhibition reverses these effects. Guinea pig hearts were perfused with buffer at pH 7.4 (control) or pH 8 +/- NHE inhibitor eniporide for 10 min before and for 10 min after 35 min ischemia and then for 110 min with pH 7.4 buffer alone. Mitochondrial NADH and FAD, $[\text{Ca}^{2+}]$, and superoxide were measured by spectrofluorometry. NADH and FAD were more oxidized and cardiac function was worse throughout reperfusion after pH 8 vs. pH 7.4, Ca^{2+} overload was greater at 10 min reperfusion, and superoxide generation was higher at 30 min reperfusion. The pH 7.4 and eniporide groups exhibited similar mitochondrial function and cardiac performance was most improved after pH 7.4+eniporide. Cardiac function on reperfusion after pH 8+eniporide was better than after pH 8. % infarction was largest after pH 8 and smallest after pH 7.4+eniporide. Activation of NHE with pH 8 buffer and the subsequent decline in redox state with greater ROS and Ca^{2+} loading underlie the poor functional recovery after ischemia and reperfusion.

Keywords: energy metabolism, free radicals, ischemia, mitochondria, reperfusion, Na^+/H^+ exchange

Cardiac ischemia reperfusion (I/R) injury describes the injury a heart sustains when deprived of coronary perfusion followed by a sudden reperfusion. Major factors underlying I/R injury are cytosolic and mitochondrial (mt) Ca^{2+} loading and excess generation of reactive O_2 species (ROS).¹ The increase in mt Ca^{2+} loading is a result of an I/R-induced increase in cytosolic Ca^{2+} loading and occurs largely via the mitochondrial Ca^{2+} uniporter (CaU).² Na^+/H^+ exchange (NHE) activity is believed to be minimal under normal pH conditions but increases with an increase in buffer pH.³ NHE may become activated during ischemia in response to intracellular acidosis during anaerobic metabolism, but is especially activated during early reperfusion when

the transmembrane pH gradient is largest. Inhibition of cytosolic Na⁺ accumulation induced by activation of NHE, and reduction of excess cytosolic Ca²⁺ influx via reverse mode Na⁺/Ca²⁺ exchange (NCE), are the probable mechanisms of acute cardioprotection afforded by NHE inhibitors.⁴⁻⁶ The relative role of sarcolemmal vs. mitochondrial NHE (mtNHE) in these events is unknown, but mtCa²⁺ loading could also result from mtNHE and mtNCE.^{7,8} Our objective was to test if buffer pH -induced activation of NHE is responsible for the subsequent increase in mtCa²⁺ overload and how this might lead to mitochondrial as well as cardiac dysfunction.

In previous reports we showed that blocking the NHE-1 isoform with eniporide (ENI) improved function and reduced infarct size on reperfusion after 6 h of no-flow 3°C storage in acidic cardioplegic solution,⁹ and that inhibition of NHE was as effective as cardioplegia alone in reducing cytosolic [Ca²⁺] after 4 h of cold ischemia.¹⁰ We,¹¹ and others,¹²⁻¹⁴ have also shown that blocking NHE reduced ischemia - induced Na⁺ and Ca²⁺ overload and improved warm post-ischemic contractile recovery. The most direct involvement of NHE-1 in I/R injury comes from a study showing that mice carrying a null mutation in the Nhe1 gene were protected against I/R injury.¹⁵

In previous studies^{10,11} we measured the effects of blocking NHE on cytosolic Ca²⁺ in intact hearts. In the present study our aim was to assess the effects of augmented NHE by alkalosis on mitochondrial Ca²⁺ and energetics in the intact heart during I/R injury and the reversibility of these effects with inhibition of NHE. We hypothesized that brief perfusion of hearts at pH 8.0 before and after ischemia would cause an additional increase in the trans-sarcolemmal proton gradient, so that cell acidosis during late ischemia and early reperfusion would augment activation of NHE. In turn NHE would cause an exaggerated increase in mt[Ca²⁺] and lead to a more oxidized redox state (less NADH, more FAD) and an increase in ROS generation during and after ischemia, thereby contributing to poor recovery from I/R injury.

We predicted that inhibition of NHE with ENI during I/R-induced cytosolic Ca²⁺ and mtCa²⁺ loading would not only improve myocardial function and reduce cell death, but also restore the mitochondrial redox state, reduce mtCa²⁺ loading and lower ROS production, which

together contribute to reducing cardiac cell injury. To test this, we measured myocardial function and tissue damage, and used fluorescence techniques to assess on-line changes in redox state (NADH and FAD), mt[Ca²⁺], and superoxide (O₂^{-•}) generation in the isolated beating heart.

Methods

Langendorff Heart Preparation

The experiments conformed to the *Guide for the Care and Use of Laboratory Animals* (US NIH Publication No. 85-23, Revised 1996) and were approved by the Medical College of Wisconsin Biomedical Resources Studies Committee. Guinea pigs (n=84) were anesthetized with ketamine (50 mg/kg, IP) and decapitated. After thoracotomy, hearts were removed and perfused at 55 mmHg via the aortic root as described previously^{11,16-18} with a HEPES buffer solution (gassed with 5% CO₂, 95% O₂) containing (in mM) 140 Na⁺, 4.5 K⁺, 2.5 Ca²⁺, 1.2 Mg²⁺, 134 Cl⁻, 11.5 glucose, 2 pyruvate, 16 mannitol, 0.1 probenecid, 0.05 EDTA, 5U/L insulin, 5 HEPES [4-(2-hydroxyethyl) piperazine-1-ethanesulfonic acid N-(2-hydroxyethyl) piperazine-N'-(2-ethanesulfonic acid))] at pH 7.4 and 37°C. Buffer pH 8 was obtained by titrating CO₂ into HEPES buffer as described¹⁹ and with 1 M NaOH. Final buffer [Na⁺] was 140±2 mM at pH 7.4 and 148±3 mM at pH 8. HEPES buffer was used to maintain extracellular [Ca²⁺] constant during changes in buffer pH because a large increase in buffer pH in bicarbonate/phosphate buffers causes a large fall in free [Ca²⁺].¹⁹ Buffer [Ca²⁺] was 2.26±0.02 mM at pH 7.4 and 2.23±0.02 mM at pH 8.

Isovolumetric left ventricular pressure (LVP) and its first derivatives ($dLVP/dt_{max}$, contractility; $dLVP/dt_{min}$, relaxation), heart rate (HR), and coronary flow were measured as described.^{11,16-18} Coronary arterial (aortic inflow) and coronary venous (right ventricular outflow) Na⁺, K⁺, Ca²⁺, pCO₂, pO₂ and pH were measured off-line with an intermittently self-calibrating analyzer system; venous pO₂ was also measured continuously with an electrode placed in the coronary effluent tubing. Cardiac O₂ delivery was defined as coronary flow•heart weight⁻¹•(paO₂)•24 μL O₂/mL (37°C); cardiac O₂ consumption (MVO₂)

as coronary flow•heart weight⁻¹•(paO₂-pvO₂)•24 μL O₂/mL (37°C) at 760 mmHg; cardiac efficiency as developed LVP•HR/MVO₂; and %O₂ extraction as 100•(paO₂ - pvO₂)/paO₂ (where paO₂ and pvO₂ are arterial and venous pO₂, respectively).

Measurements of Cardiac Mitochondrial Redox State, O₂^{-•} and [Ca²⁺]

FAD fluorescence is derived only from mitochondria; the majority of the NADH signal also arises from mitochondria²⁰⁻²² and mitochondria comprise about 1/3 the volume of cardiac myocytes.^{23,24} The majority of superoxide (O₂^{-•}) likely originates from cardiac mitochondria because its generation in the isolated heart is very sensitive to mitochondrial inhibitors and insensitive to inhibitors of xanthine oxidase.²⁵ Myocardial [Ca²⁺] signals arise from non-cytosolic sources after quenching by MnCl₂;³¹ the major non-cytosolic source is the mitochondrial compartment because of its large volume relative to cell volume.^{23,24}

NADH and FAD, mt[Ca²⁺], or O₂^{-•} was measured near continuously via a trifurcated fiberoptic probe (3.8 mm²/bundle) placed directly on the free LV wall using one of four excitation (λ_{ex}) and emission (λ_{em}) fluorescence wavelengths^{11,16-18,26} assessed by spectrophotofluorometry (SLM Instruments Inc, Urbana IL; and Photon Technology International, London ON) in different subsets of hearts. Fluorescence light intensity is transmural but attenuated at the endocardial surface to 20–30% of that at the epicardial surface.²⁷ In a subset of hearts, as described,^{16,18,26} 10 μM dihydroethidium (DHE) was loaded for 20 min; at 540 nm λ_{ex} and 590 nm λ_{em} the fluorescence is primarily a marker of O₂^{-•} radicals.²⁸⁻³⁰ An intermediate product of DHE is 2-hydroxyethidium, which is labile and fluoresces at a slightly shorter wavelength.^{29,30} We speculate that this labile intermediate forms rapidly, is reversible, and is not necessarily dependent on DNA chelation to generate the fluorescence signal. In other hearts NADH autofluorescence (350 nm λ_{ex} and λ_{em} 450/390 nm) and FAD autofluorescence (480 nm λ_{ex} and λ_{em} 540 nm) were measured near simultaneously.^{17,18,26} Alternatively, hearts were loaded with 6 μM indo 1 AM for 30 min; after washout, the cytosolic signal (350 nm λ_{ex} and λ_{em} 390/450 nm) was quenched with 100 μM MnCl₂, which permitted

measurement of $mt[Ca^{2+}]$.³¹ $mt[Ca^{2+}]$ was corrected for NADH autofluorescence during I/R for each group. Calibration of indo 1 for $[Ca^{2+}]$ was described previously.³² Changing perfusate pH from 7.4 to 8 had no significant effect on Indo 1 fluorescence signal. Each signal was digitized and recorded at 200 Hz and computed later for $mt[Ca^{2+}]$. Loading of DHE and indo 1 transiently decreases contractility; washout restores contractility.

Protocol

There was a time control group and two pH ischemia groups treated or untreated with 10 μ M eniporide (ENI). This concentration was chosen because ten Hove et al.¹³ reported that 3 μ M eniporide should block NHE by at least 95%. In each heart either $mt[Ca^{2+}]$, $O_2^{-\bullet}$ or NADH plus FAD were assessed under the same protocol. After baseline measurement, hearts of the four ischemia groups were perfused for 10 min either with pH 7.4 (ischemia control), pH 8 alone, pH 7.4+ENI, or pH 8+ENI. ENI alone did not alter fluorescence characteristics or spectra of any dye. This was followed by 35 min of no flow global ischemia induced by clamping the aortic inflow tubing. After ischemia, hearts were treated in the same manner as before ischemia for 10 min before reverting to perfusion at pH 7.4 for the remainder of reperfusion (110 min). At the end of each experiment hearts were removed and atria discarded; ventricles (1.3 ± 0.2 g) were cut into 3–4 mm transverse sections and immersed in 0.1% 2,3,5-triphenyltetrazolium chloride (TTC) for measurement of infarct size.^{9-11,17,18,26}

Experiments were also conducted in two additional groups, pH 6.5 and pH 6.5+ENI. Specific results from these studies are only displayed in Table 1. We observed that pH 6.5 alone or with ENI was as efficacious as pH 7.4+ENI in protecting mitochondria and improving functional recovery.

TABLE 1. Effects of pH 6.5 With or Without 10 μ M Eniporidae (ENI) on Cardiac Function and Mitochondrial Bioenergetics During 30 and 60 Min Reperfusion

Variable	pH 6.5			pH 6.5+ENI		
	Baseline	Reperfusion (30 min)	Reperfusion (60 min)	(Baseline)	Reperfusion (30 min)	Reperfusion (60 min)
Developed LVP (mm Hg)	83 \pm 1	47 \pm 4	51 \pm 4	87 \pm 2	50 \pm 4	46 \pm 5
Diastolic LVP (mm Hg)	0 \pm 0	26 \pm 5	18 \pm 5	0 \pm 0	12 \pm 3	10 \pm 2
dLVP/dt max (mm Hg/s)	1674 \pm 79	869 \pm 133	1014 \pm 108	1589 \pm 93	940 \pm 154	962 \pm 130
dLVP/dt min (mm Hg/s)	-1270 \pm 38	-500 \pm 118	-726 \pm 64	-1284 \pm 51	-623 \pm 101	-618 \pm 94
Coronary flow (mL/g/min)	7.8 \pm 0.1	5.5 \pm 0.3	5.3 \pm 0.3	7.9 \pm 0.2	6.5 \pm 0.2	5.2 \pm 0.3
NADH (afu)	51 \pm 1	44 \pm 2	45 \pm 2	51 \pm 1	47 \pm 1	47 \pm 1
FAD (afu)	40 \pm 0	42 \pm 0	43 \pm 1	40 \pm 0	41 \pm 1	42 \pm 1
Superoxide free radical (afu)	4.18 \pm 0.02	4.21 \pm 0.17	4.01 \pm 0.09	4.14 \pm 0.08	4.01 \pm 0.10	3.91 \pm 0.11
Mitochondrial [Ca ²⁺] (nM)	191 \pm 5	294 \pm 46	225 \pm 32	190 \pm 5	378 \pm 44	346 \pm 17†

P < 0.05; † pH 6.5+ENI versus pH 6.5

Statistical Analysis

All data are expressed as mean \pm SEM. Statistical differences were measured by two-way analysis of variance for repeated measures of a given variable across the four groups at specific time points (baseline, at 15 and 30 min ischemia, and at 10, 30 and 60 min during reperfusion). One-way analysis of variance was used to determine changes over time for a given variable at the same time points. If *F* tests were significant (*P* < 0.05), appropriate ad hoc tests (Student-Newman-Keuls or Duncan) were used to compare means (*P* < 0.05; two-tailed). As in our previous studies,^{11,18,26} functional recovery and changes in fluorescent signals at 60 min reperfusion were not significantly different from those at 120 min reperfusion (not displayed). Values for NADH, FAD and O₂^{-•} are expressed in arbitrary fluorescence units (afu) and m[Ca²⁺] in nM. Infarct size was determined in a blinded manner after 120 min reperfusion.

Results

Mitochondrial Redox State, mt[Ca²⁺] and ROS Production

All variables in the time control (i.e., no ischemia) experiments remained unchanged during the 3 h period of perfusion. Baseline values for NADH (Fig. 1A) and FAD (Fig. 1B) (redox state) were not different among groups and did not change before ischemia due to pH or ENI. At the onset of ischemia NADH abruptly increased by approximately 17%, while FAD more slowly decreased by approximately 19%. Note that on reperfusion, NADH levels decreased

and FAD levels increased, so that by 60 min reperfusion, NADH and FAD levels, respectively, were farther from basal values in the pH 8 group and more normalized in the pH 7.4+ENI group and pH 7.4 and pH 8+ENI groups. The biphasic changes in NADH and FAD during ischemia and reperfusion were not different between the pH 7.4+ENI and pH 7.4 groups. Acidic buffer (pH 6.5) had similar myocardial protective effects on NADH and FAD as did pH 7.4+ENI; pH 6.5+ENI did not improve mitochondrial redox state any better than pH 6.5 alone (Table 1).

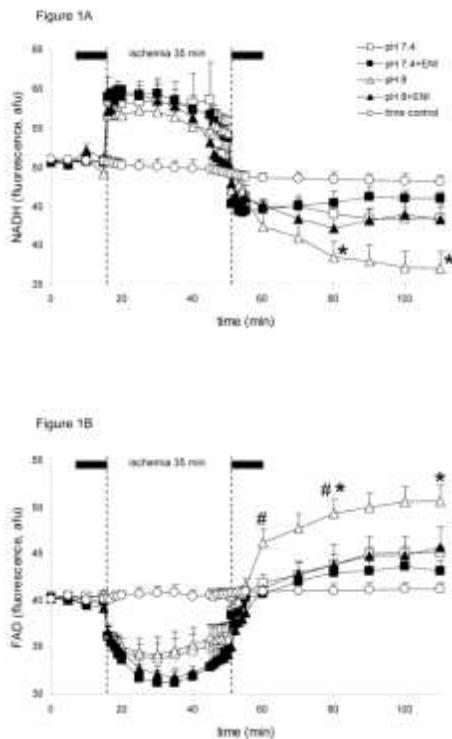


Figure 1 Changes in NADH (**A**) and FAD (**B**) (autofluorescence units, afu), during perfusion with HEPES buffer at pH 7.4 (control; n=7), pH 8 (n=7), pH 7.4+eniporide (ENI, 10 μ M) (n=6), or pH 8+ENI (10 μ M) (n=6) 10 min before and 10 min after 35 min no flow, global ischemia. A non-ischemia, pH 7.4 time control group (n=4) is also displayed for all variables. For $P < 0.05$: * pH 8 vs. 7.4; # pH 8+ENI vs. pH 8; † pH 7.4+ENI vs. pH 7.4. Attenuated Na^+/H^+ exchange by the lower pH and or ENI led to a less oxidized redox state.

Baseline $\text{mt}[\text{Ca}^{2+}]$ was not different among groups (Fig. 2A). Note that toward the end of ischemia, $\text{mt}[\text{Ca}^{2+}]$ increased in all groups, but much more so in the pH 8 group than in the pH 7.4 and ENI treated groups. Compared to the pH 8 group, addition of ENI at

pH 8 and pH 7.4 attenuated the rise in mt[Ca²⁺] during late ischemia. At 10 min reperfusion mt[Ca²⁺] was significantly elevated in the pH 8 group compared to other groups. mt[Ca²⁺] was reduced similarly in pH 7.4+ENI and pH 6.5 (Table 1) groups and mt[Ca²⁺] was higher in the pH 6.5+ENI group than in the pH 6.5 group at 60 min reperfusion (Table 1).

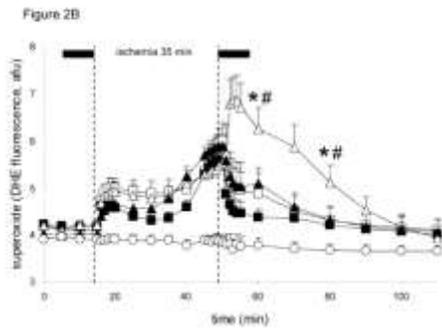
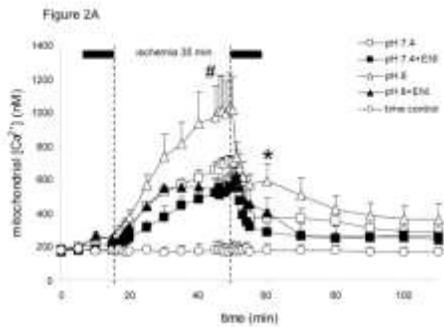


Figure 2 Changes in mt[Ca²⁺] in nM (**A**) and superoxide (O₂^{-•}) in afu (**B**), during perfusion with HEPES buffer at pH 7.4 (control; n=8 each variable), pH 8 (n=7 each variable), pH 7.4+ENI (10 μM) (n=7 each variable), or pH 8+ENI (10 μM) (n=7 each variable) 10 min before and 10 min after 35 min no flow, global ischemia. For *P* < 0.05: * pH 8 vs. 7.4; # pH 8+ENI vs. pH 8; † pH 7.4+ENI vs. pH 7.4. Attenuated Na⁺/H⁺ exchange by the lower pH and or ENI led to a smaller increase in mt[Ca²⁺] during ischemia and smaller increases in both mt[Ca²⁺] and O₂^{-•} during early reperfusion.

Baseline O₂^{-•} levels (Fig. 2B) were not different among groups. In late ischemia O₂^{-•} levels increased significantly in all groups to values not significantly different among groups. However, note that during 10 and 30 min reperfusion, O₂^{-•} surged higher in the pH 8 alone group, whereas it fell in all other groups, with pH 7.4+ENI showing the least increase in O₂^{-•} levels at 10 min reperfusion. O₂^{-•}

levels remained significantly elevated during the first 30 min of reperfusion, but addition of ENI at pH 8 significantly reduced the reperfusion -induced increase in $O_2^{\cdot-}$ production to a level similar to that in the two pH 7.4 groups. The pH 6.5 and 6.5+ENI groups (Table 1) displayed similarly less $O_2^{\cdot-}$ production during reperfusion at a level equivalent to that of the pH 7.4+ENI group.

Cardiac Function and Infarct Size

Baseline values were not different among groups for developed LVP (devLVP) (Fig. 3A); diastolic LVP (diaLVP) (Fig. 3B) was set initially at 0 mmHg. Throughout reperfusion devLVP recovered least in the pH 8 (11 ± 2 % of baseline after 60 min reperfusion) group compared to all other groups; recovery was better in the pH 7.4+ENI (58 ± 7 %) group and intermediate in the pH 8+ENI (42 ± 8 %) and pH 7.4 (40 ± 4 %) groups. Note that during late ischemia, diaLVP rose above baseline in all groups and on reperfusion continued to increase but remained higher in the pH 8 group throughout reperfusion. The pH 7.4+ENI group had the least increase in diaLVP during early reperfusion and the pH 7.4 and pH 8+ENI groups were intermediate. The pH 6.5+/- ENI groups exhibited similar increases in devLVP and decreases in diaLVP during reperfusion (Table 1); these variables were similar to those of the pH 7.4+ENI group.

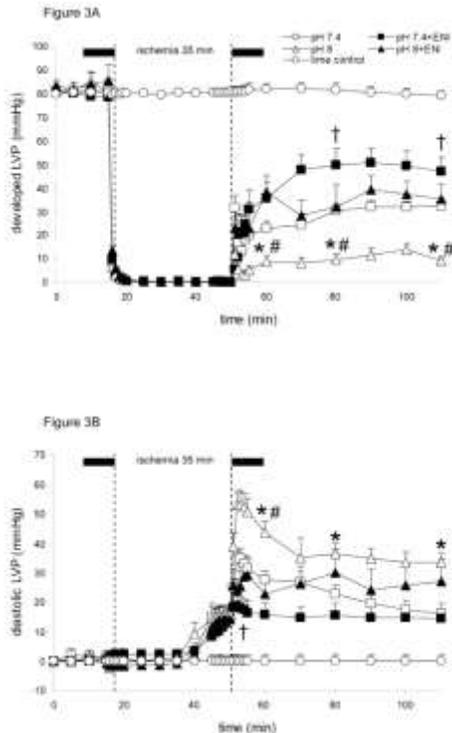


Figure 3 Changes in developed left ventricular pressure (systolic-diastolic LVP or devLVP in mmHg; **A**), and diastolic left ventricular pressure (diaLVP in mmHg; **B**) during perfusion with HEPES buffer at pH 7.4 (control; n=12), pH 8 (n=12), pH 7.4+ENI (10 μ M) (n=12), or pH 8+ENI (10 μ M) (n=12) 10 min before and 10 min after 35 min no flow, global ischemia. For $P < 0.05$: * pH 8 vs. 7.4; # pH 8+ENI vs. pH 8; † pH 7.4+ENI vs. pH 7.4. Attenuated Na^+/H^+ exchange by the lower pH and or ENI led to better cardiac muscle function throughout reperfusion.

Functional and metabolic variables did not change over time in the time control (non ischemia) group (data not shown). Table 2 shows that $dLVP/dt_{max}$, $dLVP/dt_{min}$ and cardiac efficiency recovered poorly at 10 and 60 min of reperfusion in the pH 8 group compared to the pH 7.4 group; adding ENI to either pH group improved recovery of $dLVP/dt_{max}$ and $dLVP/dt_{min}$ throughout reperfusion; these variables were similar among the pH 7.4+ENI and pH 6.5 groups (Table 1). Cardiac efficiency was slower to recover in all groups (10 min reperfusion) but remained severely depressed at 60 min reperfusion only in the pH 8 group. The pH 8+ENI group exhibited improved recovery of cardiac efficiency compared to the pH 8 group. Heart rate, O_2 consumption, and % O_2 extraction were not significantly different among the pH 7.4 and pH 8 groups on reperfusion.

TABLE 2. Effects of Perfusate pH and Na⁺/H⁺exchange Inhibition With Eniporide (ENI) on Cardiac Variables During Reperfusion After 35 Minutes of Global Cardiac Ischemia

Variable	Baseline	Reperfusion (10 min)	Reperfusion (60 min)
dLVP/dt max (mm Hg/s)			
pH 7.4	1379 ± 197	313 ± 72	531 ± 75
pH 7.4+ENI	1544 ± 130	588 ± 159†	968 ± 98‡
pH 8	1369 ± 128	88 ± 35*	211 ± 47*
pH8 +ENI	1531 ± 69	470 ± 234†	620 ± 152†
dLVP/dt min (mm Hg/s)			
pH 7.4	-1055 ± 148	-206 ± 40	-406 ± 58
pH 7.4+ENI	-1275 ± 103	-440 ± 117‡	-628 ± 79‡
pH 8	-1145 ± 114	-64 ± 21*	-155 ± 41*
pH 8+ENI	-1314 ± 93	-287 ± 142†	-415 ± 88†
Heart rate (beats/min)			
pH 7.4	247 ± 17	242 ± 18	255 ± 14
pH 7.4+ENI	261 ± 6	269 ± 10	275 ± 12
pH 8	260 ± 6	269 ± 63	302 ± 39
pH 8+ENI	263 ± 6	245 ± 36	272 ± 12
Oxygen delivery (units)			
pH 7.4	152.9 ± 6.4	120.1 ± 7.9	85.4 ± 6.5
pH 7.4+ENI	151.7 ± 13.1	130.8 ± 6.9	106.1 ± 2.2‡
pH 8	166 ± 12.8	95.5 ± 9.8	86.4 ± 14.7
pH 8+ENI	179 ± 19.8	117.6 ± 6.6	128.5 ± 9.7†
Oxygen consumption (units)			
pH 7.4	86.8 ± 6.7	71.7 ± 4.9	53.1 ± 5.4
pH 7.4+ENI	101.3 ± 6.3	67.2 ± 2.4	68.4 ± 2.1‡
pH 8	89.2 ± 4.8	67.9 ± 6.6	57.1 ± 4.2
pH 8+ENI	107.3 ± 7.6	81.2 ± 10.7	66.6 ± 1.8
Oxygen extraction (%)			
pH 7.4	66.5 ± 3.1	59.9 ± 2.3	62.7 ± 4.8
pH 7.4+ENI	67.4 ± 3.2	51.7 ± 3.8	64.6 ± 3.2
pH 8	64.9 ± 3.1	71.7 ± 2.8*	61.3 ± 3.1
pH 8+ENI	60.5 ± 3.1	68.8 ± 3.3	62.6 ± 4.8
Cardiac efficiency (units)			
pH 7.4	13.2 ± 1.6	1.3 ± 0.4	4.9 ± 0.3
pH 7.4+ENI	12.5 ± 2.2	2.3 ± 0.1†	6.8 ± 1.4
pH 8	11.8 ± 1.5	1.0 ± 0.7*	2.1 ± 0.5*
pH 8+ENI	12.7 ± 7	1.8 ± 0.8	4.7 ± 0.7†

See Methods for calculation and units for oxygen delivery, consumption, and extraction and for cardiac efficiency. For $P < 0.05$: *pH 8 versus 7.4; †pH 8+ENI versus pH 8; ‡pH 7.4+ENI versus pH 7.4.

Baseline values for coronary flow (Fig. 4A) were not different among groups. At 60 min reperfusion, flow was higher in pH 7.4+ENI, pH 8+ENI and both pH 6.5 (Table 1) groups, and lower in 7.4 and pH 8 groups. Similarly O₂ delivery was higher in the ENI groups than the non-ENI groups on reperfusion (Table 2). Infarct size (Fig. 4B) was smaller in the pH 8+ENI group than in the pH 8 group, not different in the pH 8+ENI and pH 7.4 groups, and lowest in the pH 7.4+ENI (31±3%). Infarct size was not significantly different between pH 6.5 (34±2%), pH 6.5+ENI (36±3%).

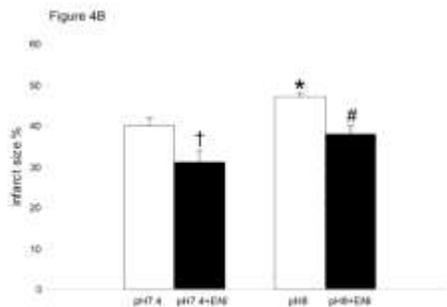
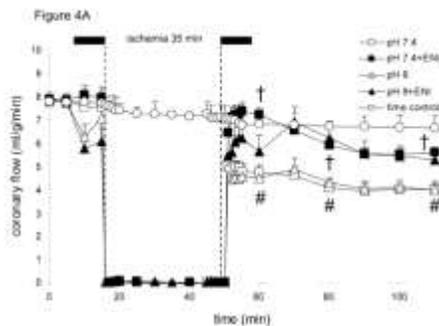


Figure 4 Changes in coronary flow (**A**) during perfusion with HEPES buffer at pH 7.4 (control; n=12), pH 8 (n=12), pH 7.4+ENI (10 μ M) (n=12), or pH 8+ENI (10 μ M) (n=12) 10 min before and 10 min after 35 min no flow, global ischemia. For $P < 0.05$: * pH 8 vs. 7.4; # pH 8+ENI vs. pH 8; † pH 7.4+ENI vs. pH 7.4. Infarct size (**B**) as a percentage of total ventricular weight measured after 120 min reperfusion. For $P < 0.05$: * pH 8 vs. 7.4; # pH 8+ENI vs. pH 8; † pH 7.4+ENI vs. pH 7.4. Attenuated Na⁺/H⁺ exchange by ENI at both pH's led to a higher coronary flow on reperfusion and less infarction.

Discussion

Our objective was to activate and block NHE while examining changes in mitochondrial bioenergetics during I/R when hearts were perfused just before and after ischemia at pH 6.5, 7.4 or 8. The major findings are: 1) Brief perfusion of hearts at pH 8 before and after ischemia caused the most mitochondrial dysfunction. This was evidenced by the largest mt[Ca²⁺] overload during and after ischemia, the most oxidized mitochondrial redox state, and the highest level of O₂^{-•} production during reperfusion. 2) NHE (and NCE) are activated early during ischemia as suggested by the rapid rise in mt[Ca²⁺], particularly in the pH 8 group. 3) Cardiac functional recovery was least and infarct size was largest in the pH 8 group. 4) Inhibition of NHE by ENI largely reversed the deleterious mitochondrial and cardiac functional effects of alkalosis (pH 8 group) on reperfusion.

The improvements in contractility and relaxation in the eniporide groups were likely due to the lesser damaging effects of Ca²⁺ overload, ROS production, and the more reduced redox state. It is likely that the differences in mtCa²⁺ overload between the eniporide treated and untreated groups can be explained in part by the contribution of sarcolemmal NCE, secondary to NHE, to increase cytosolic Ca²⁺ loading. NCE and NHE activity in the mitochondrial membrane may also play a role. The mtCa²⁺ overload that remained in the eniporide groups could arise from other cytosolic sources such as enhanced Ca²⁺ release from the sarcoplasmic reticulum⁵⁰ due to oxidative stress with greater passage of Ca²⁺ into the matrix via the CaU.²

The eniporide-induced improvement in coronary flow on reperfusion likely stems from less vascular edema and/or improved endothelial and vascular responsiveness. The higher coronary flow and better contractility after eniporide treatment may underlie the higher O₂ consumption. These observations clearly demonstrate that augmented activation of NHE with alkaline pH during I/R results in even worse cardiac functional recovery and point out the effectiveness of NHE inhibitors to effectively reverse this dysfunction. Improved mitochondrial bioenergetics with eniporide treatment may also underlie the improved cardiac function as discussed below.

Mitochondrial Ca²⁺ Loading and Na⁺/H⁺ Exchange

NHE is relatively quiescent under non-ischemic conditions at an extracellular pH of 7.4.³³ However, NHE becomes activated during ischemia when intracellular acidosis ensues, and especially during early reperfusion when a larger proton gradient develops across the cell membrane. NHE is both pH and Na⁺ dependent.³⁴⁻³⁶ The larger the transsarcolemmal H⁺ gradient, the more active is the NHE.³⁷ It was shown that reperfusion of myocardial tissue at a high pH (7.9) significantly increased cell Na⁺ and Ca²⁺ content but only when NHE was not inhibited; this indicates the requirement for NHE activity to indirectly activate NCE.³⁸ Increased NHE activity leads to increased cytosolic [Na⁺]¹¹⁻¹⁴ and subsequently cytosolic Ca²⁺ overload as a result of activation of the reverse mode of NCE. The increase in cytosolic [Ca²⁺]^{10,11,39} additionally leads to mtCa²⁺ loading^{2,18} largely through the mtCa²⁺ uniporter (CaU) despite the apparent large buffering capacity for calcium in mitochondria.

Our study clearly shows that mtCa²⁺ overload is augmented at a more alkaline pH during I/R injury but that it can be markedly reduced when NHE is inhibited with ENI or at pH 6.5. The additional increase in mt[Ca²⁺] in the pH 8 group is attributed to the added increase in the pH gradient across the cell membrane, which results in greater activation of NHE and reverse mode NCE. Thus, our study demonstrates that NHE during I/R injury has a consequence not only to augment cytosolic Ca²⁺ but also mtCa²⁺. Moreover, blocking NHE during and after ischemia reduced this cascade of events that culminated in mtCa²⁺ overload and impaired mitochondrial function on reperfusion.

A previous study reported that in mitochondria isolated after I/R, NHE inhibition before and after ischemia exhibited improved state 3 respiration and oxidative phosphorylation and decreased mt[Ca²⁺] compared to the controls.⁴⁰ In another study inhibition of NHE with cariporide in rat cardiomyocytes reduced markers of oxidant -induced (H₂O₂) cell death by attenuating cytosolic Na⁺ and Ca²⁺ loading and mtCa²⁺ loading, and by preventing depolarization of $\Delta\Psi_m$.³³ The present study conducted in intact, beating hearts supports the results derived previously in isolated mitochondria⁴⁰ and isolated myocytes³³

that NHE activation and inhibition also alter mtCa²⁺ and that mtCa²⁺ loading contribute to the impaired function that occurs with I/R injury.

A small increase in mt[Ca²⁺] during increased workload is believed to stimulate the mitochondrial TCA cycle to furnish NADH via Ca²⁺-dependent mitochondrial dehydrogenases to match energy demand with supply. However, a high mt[Ca²⁺], as observed during I/R, can impair ATP synthesis and lead to a loss of ionic homeostasis, opening of the mitochondrial permeability transitional pore (mPTP), matrix swelling, and outer membrane rupture.³³ Irreversible mPTP opening causes collapse of the $\Delta\Psi_m$ and release of cytochrome c to induce apoptosis.⁴¹⁻⁴⁴ The collapse of $\Delta\Psi_m$ and the subsequent release of cytochrome c can lead to more ROS production, resulting in the vicious cycle of further amplification of cellular ROS production, mtCa²⁺ overload, and increasing cell injury.^{1,44}

Mitochondrial Ca²⁺ and ROS with Na⁺/H⁺ Exchange

Although mtCa²⁺ loading and formation of ROS are major causative factors in reperfusion stunning and permanent damage after ischemia, the cause-effect relationship between mtCa²⁺ loading and excess ROS during I/R injury remains unsettled.^{45,46} Numerous studies from our laboratory^{16,18} and others^{28,47} show that ROS are produced not only during reperfusion but also during ischemia. Our experiments may shed some light on whether the initial excess in mtCa²⁺ leads to ROS production or increased ROS leads to excess mtCa²⁺. In each group we observed similarly reduced redox states and moderate increases in O₂^{-•} during the early ischemic period and an increasingly oxidized redox state and higher levels of O₂^{-•} during the late ischemic period. However, mt[Ca²⁺] rose faster and much higher in the pH 8 group compared to other groups. This suggests that an increase in mt[Ca²⁺] during ischemia does not directly cause any additional change in redox state or increase in O₂^{-•} level during ischemia. However, during early reperfusion mt[Ca²⁺] and O₂^{-•} were highest and redox state was lowest in the pH 8 group. Proportional but smaller changes occurred in the other groups, so on reperfusion these variables may all be interrelated. Increased mt[Ca²⁺] has been reported to alter the integrity of cytochromes *a/a3* in complex IV⁴⁸ and to increase nitration of mitochondrial proteins by ONOO⁻.⁴⁹ Impaired

electron flow can result in increased electron leak and excess $O_2^{\cdot-}$ production. Conversely, ROS production may modulate mt[Ca²⁺] by its action on cytosolic Ca²⁺ regulation. H₂O₂ was shown to modify the thiol residues of the ryanodine receptor and to stimulate Ca²⁺ release from sarcoplasmic reticulum.⁵⁰ H₂O₂ at low concentrations may also directly activate NHE and lead to increased diastolic [Ca²⁺] in cultured neonatal myocytes.^{51,52} ROS was also found to increase activity of NCE in the reverse mode to increase cytosolic Ca²⁺ influx.^{45,53}

Mitochondrial Redox State and Na⁺/H⁺ Exchange

Redox state (ratio of NADH/NAD and FADH₂/FAD) is a qualitative measure of the reducing equivalents available to drive respiration. We,^{17,18} and others,²⁰⁻²² showed that as the supply of O₂ diminishes during early ischemia, electron flux through the ETC falters, NADH accumulates, and oxidative phosphorylation rapidly declines.⁵⁴⁻⁵⁶ In the present study, the NADH and FAD signals likely represent the average redox state of a volume of cells underlying the fiberoptic probe. The marked and irreversible decline in NADH and increase in FAD during reperfusion in the pH 8 group could represent greater dead cell volume⁵⁷ or increased volume of irreversibly oxidized and energy-depleted mitochondria.¹⁷ The latter seem to be the case in this study because the continued decline in NADH with the rise in FAD during reperfusion does not likely represent a reduction in the number of viable cells. It is interesting that the increasingly more oxidized state in the pH 8 group during reperfusion correlated with a gradual decline in the O₂^{·-} level. This suggests ROS cannot be produced as the damaged mitochondria become more oxidized. In contrast, in the pH 8+ENI group and the two pH 7.4 groups, both NADH and FAD returned nearly to their baseline values on reperfusion, and this was associated with less O₂^{·-} and mtCa²⁺ overload. Thus, the more reduced redox state during reperfusion implies greater availability of reducing equivalents and electrons for oxidative phosphorylation along with less electron leak and normalization of mtCa²⁺.

Although many studies imply that NHE blockers confer cardiac protection by reducing cytosolic Ca²⁺ loading during I/R, the present study expresses the importance of NHE in inducing additional damage to mitochondria via mtCa²⁺ loading. Protecting mitochondria from

deleterious increases in mt[Ca²⁺] and ROS is also key to reducing I/R – induced cell injury. Cardiomyocytes exposed to oxidative stress show Ca²⁺-dependent morphological changes in mitochondria such as swelling and loss of cristae, which is followed by collapse of the $\Delta\Psi_m$, and finally cytosolic fragmentation.⁵⁸

Mitochondrial Na⁺/H⁺ Exchange

NHE inhibitors may exert their protective effects by a direct action on mtNHE⁵⁹ as well as on sarcolemmal NHE, although there is controversy about the existence of mtNHE-1.^{39,60} Cariporide, an NHE-1 inhibitor, was shown to block mtNHE and to delay matrix acidification and ATP depletion during simulated ischemia in cardiac myocytes.⁸ mtCa²⁺ uptake by the CaU is largely dependent on the magnitude of $\Delta\Psi_m$; an increase in mt[H⁺], which depolarizes $\Delta\Psi_m$, will in turn reduce mtCa²⁺ uptake.^{7,61} In the presence of respiratory inhibitors (oligomycin, KCN), inhibition of mtNHE was shown to enhance mitochondrial acidification in permeabilized rat myocytes.⁷ Therefore, in our study an added increase in mt[H⁺] by mtNHE inhibition with ENI during ischemia may be in part responsible for decreasing mtCa²⁺ loading via CaU or mtNCE during reperfusion. It is also possible that the increased transmembrane H⁺ gradient at pH 8, which lowers cytosolic [H⁺], also lowers mitochondrial [H⁺] by mtNHE. This effect in turn could increase mt[Ca²⁺] via the CaU and mtNCE. In recent preliminary studies,^{62,63} we showed that eniporide altered matrix cation balance in isolated mitochondria, which supports the presence of NHE-1 in the inner mitochondrial membrane.

Inhibition of NHE may reduce mtCa²⁺ loading during ischemia by reducing cytoplasmic [Ca²⁺] but also by reducing Ca²⁺ flux through the $\Delta\Psi_m$ –dependent CaU, particularly when $\Delta\Psi_m$ is more depolarized by a higher mt[H⁺]. Acidification of the mitochondrial matrix reduces proton influx through complex V (ATP synthase), i.e. uncouples mitochondria, so NHE inhibitors (or matrix acidosis) may also protect indirectly by more efficiently restoring oxidative phosphorylation on reperfusion. Thus on the basis of current knowledge, inhibition of either sarcolemmal NHE or mtNHE would appear to be beneficial in reducing mtCa²⁺ loading. Future studies using CaU blockers and mitochondrial selective NHE inhibitors may help to delineate the relative importance

of these exchangers on reducing cytosolic vs. mtCa²⁺ loading through the cell and mitochondrial membranes.

Conclusions and Limitations

We have shown that enhanced activation of NHE with pH 8 during ischemia leads to an additional increase in mtCa²⁺ loading. This contributes to a greater deterioration of mitochondrial bioenergetics and ROS production on reperfusion and poor functional return and greater tissue damage. Blocking NHE with ENI at an alkaline pH markedly improved functional return on reperfusion by minimizing the increase in mt[Ca²⁺], by better preserving the mitochondrial redox state, and by reducing ROS production. Both sarcolemmal and mitochondrial NHE may be involved in promoting mtCa²⁺ loading with I/R injury.

As in the present study, a large number of experimental studies have shown beneficial effects by inhibiting NHE during deliberate I/R injury. Clinical trials of NHE inhibitors, however, have so far failed to show significant benefits for patients suffering I/R injury. A potential problem is the NHE inhibitors exhibit their most protective effects when the drug is given just before ischemia or immediately on reperfusion.^{11,64,65} But administration of a NHE inhibitor before cardioplegic arrest⁶⁶ also failed to show significant protection in pigs subjected to cardiopulmonary bypass. Nevertheless, the quite beneficial cellular effects of avoiding extracellular and mitochondrial alkalosis during cardiac ischemia and early reperfusion in this model are clearly reflected by the preservation not only of myocardial function but also of mitochondrial bioenergetics.

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Footnotes

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Disclosures

The authors have no conflicts of interest to disclose.

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