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Abstract

Purpose: Acute pancreatitis (AP) is an inflammatory disorder distinguished by tissue injury and inflammation of the pancreas. Using paracrine potential of mesenchymal stem cells (MSCs) provides a useful clinical approach in treating inflammatory diseases. We investigated the therapeutic effects of adipose-derived MSC conditioned medium (CM) and hypoxia preconditioned adipose-derived MSC conditioned medium (HCM) in cerulein-induced AP in mice.

Methods: AP was induced in C57BL/6 mice by intraperitoneal injection of cerulein (75 μg/kg/h × 7 times). One hour following the last injection of cerulein, mice were treated with intraperitoneal injection of CM and HCM (500 μL/mice/30 min × 3 times). Twelve hours following the treatment, serum levels of amylase and lipase were measured. In addition, pancreas pathological changes, immunohistochemical examinations for evaluation of IL-6 expression and pancreatic myeloperoxidase (MPO) enzyme activity were analyzed.

Results: The in vitro results of the morphological, differentiation and immunophenotyping analyses confirmed that hypoxia preconditioned MSCs (HP-MSCs) conserve MSCs characteristics after preconditioning. However, HP-MSCs significantly expressed high mRNA level of hypoxia inducible factor 1-α and higher level of total protein. The in vivo findings of the current study showed that CM and HCM significantly reduced the amylase & lipase activity, the severity of pancreas tissue injury and the expression of IL-6 and MPO enzyme activity compared with the AP group. However, no significant difference between CM and HCM groups was demonstrated.

Conclusion: Use of CM and HCM can attenuate cerulein-induced AP and decrease inflammation in the pancreas tissue in AP mice.

Introduction

Acute pancreatitis (AP) is a gastrointestinal inflammatory disease characterized by acinar cells injury and inflammation in pancreatic tissue. AP is the most common cause of hospital stays among gastrointestinal diseases.1,2 Clinical manifestation of AP ranges from mild (80%-85%) to severe forms (15%-20%). Gallstone and alcohol abuse are two major causes for AP.1,3

Previous studies have demonstrated acinar cell death, edema and histopathological changes induced by the activation and release of pancreatic enzymes in early phases of pancreatitis.1,6 Along with pancreatic enzyme...
activation (trypsin, amylase, lipase), activation of NF-KB also occurs in acinar cells. Moreover, inflammatory mediators—including tumor necrosis factor alpha (TNF-α), interleukin 1 beta (IL-1β), IL-6, IL-33, chemokines and neutrophilic myeloperoxidase (MPO), which are produced by immune cells and injured acinar cells—can exacerbate the inflammatory cascade in the AP patients.1,3,5-7,13

Currently, endoscopic retrograde cholangiopancreatography (ERCP), non-steroidal anti-inflammatory drugs (NSAIDs), use of prophylactic antibiotics and enteral nutrition are the available treatment options for AP. Nevertheless, the mortality rate of the severe stage of AP is around 30%.2,20 These strategies chiefly target the symptoms rather than the cause of the disease; therefore, the development of new treatment approaches, such as cell-based therapy, is required for more efficient management of this complicated gastrointestinal disease.1,2,9,14,15

Mesenchymal stem cells (MSCs) and their secreted molecules—which possess regenerative, anti-inflammatory and antioxidative properties—have been suggested as a potential therapeutic approach in many inflammatory and immune-mediated disorders.16-22

Jung et al, for the first time in 2011, reported the protective effects of MSCs in treating AP.30 Subsequently, several studies demonstrated that MSC therapy can decrease inflammatory mediators and mitigate histopathological changes in pancreatitis through direct differentiation to acinar cells or indirect immunomodulatory effects. Nevertheless, clinical trial studies have not yet been performed to evaluate the effects of MSC therapy in AP.21-26

The strong paracrine activity of MSCs is a usable capability to treat many autoimmune and inflammatory disorders.20,27,28 Recent studies reported the protective effects of MSC-derived conditioned medium (MSC-CM) or MSC-derived extracellular vesicles (MSC-EVs) in some animal models of diseases.13,20,22,27,29,30 Proteomics analysis of MSC-CM has identified more than 100 proteins (including cytokines, chemokines and growth factors) with anti-inflammatory, anti-apoptotic, anti-fibrotic and regenerative effects.30,31

It has been shown that exposure of MSCs to hypoxic conditions might enhance their immunomodulatory and regenerative properties via over-expression of cytoprotective genes and secretory factors.28,32 Hypoxia inducible factor 1-α (HIF-1α) has a crucial role in regard to the upregulation of these genes and factors.32,34 Accordingly, hypoxia preconditioned MSCs can attenuate inflammation, tissue injury and fibrosis in some of the experimental animal models.34,35

To our knowledge, the protective effects of adipose-derived MSC (AD-MSC) conditioned medium (CM) and hypoxia preconditioned adipose-derived MSC conditioned medium (HCM) have not yet been investigated in the therapy of AP. Therefore, this study investigates the therapeutic effects of CM and HCM, which are assessed in mice with cerulein-induced AP.

Materials and Methods

Animals

Male C57BL/6 mice (6-8 weeks, 18-25 g) were obtained from the Pasteur Institute of Tehran, Iran. The mice were kept under standardized animal housing conditions.

Isolation, culture and characterization of AD-MSCs

Epidymal adipose tissue of C57BL/6 mice was removed and homogenized using 0.1% collagenase type I (Gibco, UK). Isolation and culture of AD-MSCs were performed as previously described.29 Briefly, the adipose tissue was homogenized in DMEM/F12 (Gibco, UK) and centrifuged at 1500 rpm for 15 minutes. The pellet was suspended in DMEM/F12 with 10% FBS (Gibco, UK), 100 U/mL of penicillin and 100 µg/mL of streptomycin. AD-MSCs were incubated in the standard cell culture conditions.

After obtaining of 70%-80% confluency, MSCs were trypsinized using trypsin 0.05% (Sigma, USA) and 0.02% EDTA, then subcultured. Characterization of MSCs was performed by morphological evaluation, differentiation assay and flow cytometry analysis at the second passage.

Characterization of AD-MSCs with differentiation assay

Differentiation potency of AD-MSCs into osteocyte and adipocyte lineage was assessed by culturing in osteogenic differentiation media (containing glycerol phosphate (10 mM), dexamethasone (100 mM) and ascorbic acid-2-phosphate (5 g/mL)) and adipogenic differentiation media (containing indomethacin (100 mM), 3-isobutyl-methylxanthine (0.5 mM), dexamethasone (250 mM) and insulin (5 mM)) for 3 weeks. Finally, mineralization of osteocytes was identified by staining with Alizarin Red S, and entity of oil vacuoles in the adipocytes was evaluated by Oil Red O staining. Briefly, media was discarded and MSCs were rinsed by phosphate-buffered saline (PBS). Paraformaldehyde (4%) was used for cell fixation (20 min/4°C); then after washing with PBS, MSCs were stained with 2% Alizarin Red S and 0.5% Oil Red O solution, respectively (10 min/RT).17,29

Characterization of AD-MSCs with flow cytometry analysis

Surface markers for MSCs characterization were analyzed using monoclonal anti-mouse antibodies, including anti-CD44-FITC (551389 BD Biosciences), anti-CD105-PerCP Cy5.5 (120415 BioLegend), anti-CD34-PE (551389 BD Biosciences) and anti-CD45-FITC (561859 BD Biosciences), along with isotype control antibodies. Preparation of samples for immunophenotyping analysis was performed as previously described.29 The samples were assessed using BD FACS Calibur flow cytometer (BD biosciences, San Jose, CA, USA) and analyzed by FlowJo 7.6 software.
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**Hypoxic preconditioning and characterization of hypoxia preconditioned-MSCs (HP-MSCs)**

AD-MSCs with 70%-80% confluency at second passage were cultured under hypoxic conditions (2-5% oxygen concentration, 5% CO₂ concentration and balanced N₂) for 48 hours. HP-MSCs were characterized by morphological evaluation, differentiation assay and flow cytometry analysis as previously described.

**Identification of HP-MSCs by real-time PCR**

To identify the effects of hypoxic preconditioning, mRNA expression level of HIF-1α was analyzed using quantitative real-time PCR. Total RNA was extracted from the AD-MSCs under standard and hypoxic culture conditions by RNA X plus (Sina Clone Co., Tehran, Iran). Next, cDNA synthesis was performed using the random hexamer primer, dNTP and M-MLV reverse transcriptase enzyme (Yekta Tajhiz Co., Tehran, Iran). The real-time PCR was completed with the Applied Biosystems StepOnePlus™ system, using SyberGreen Master Mix (Sina Clone Co., Tehran, Iran) and mouse HIF-1α specific primers. Real-time PCR was conducted with the following conditions: initial denaturation stage (95°C/2 min), cycling stage (95°C/5 s and 60°C for 30 seconds, 40 cycles) and melt curve stage (95°C/15 s, 60°C for 1 minute and 95°C/15 s). The mitochondrial ribosomal protein S16 (MRPS16) mRNA expression level of a reference mouse was used for normalization. The relative gene expression was calculated by the ΔΔCt method. Mouse gene-specific primers sequences are listed in Table 1.

**Preparation and total protein assay of CM & HCM**

Conditioned medium preparation protocol has been reported in several previous studies. Briefly, AD-MSCs at second passage with 70%-80% confluency were incubated in serum-free DMEM/F12 media under standard and hypoxic conditions. After 48 hours, the CM of AD-MSCs and HP-MSCs was collected. CM and HCM was calculated by standard curve obtained at 570 nm, and the protein concentration of CM and HCM was measured using the BCA protein assay kit (Thermo Fisher Scientific, Waltham, MA). Optical density (OD) measurements were performed at 570 nm, and the protein concentration of CM and HCM was calculated by standard curve obtained from serial dilutions of bovine serum albumin (BSA). The results were reported in µg/mL.

**Induction of disease, experimental grouping and treatment procedure**

Male C57BL/6 mice were induced with AP at 6-8 weeks-old by intraperitoneal (i.p.) injection of cerulein, as previously described. Briefly, mice received seven injections of 75 µg/kg cerulein (C9026 Sigma-Aldrich) dissolved in 200 µL sterile saline at hourly intervals intraperitoneally. Forty-two mice were divided into six experimental groups (n = 7 mice/group). The normal group (Normal) received sterile normal saline (200 µL/h × 7 times, i.p.). The AP group received cerulein injections (75 µg/kg/h, dissolved in 200 µL sterile normal saline, i.p.). One hour after the last cerulein injection, Normal and AP experimental groups received injections of 1.5 mL sterile PBS (500 µL/mice/30 min × 3 times, i.p.).

For the treatment procedure, (AP+CM) and (Normal+CM) experimental groups were treated with injection of 1.5 mL CM (500 µL/mice/30 min × 3 times, i.p.). Two other groups of mice—(AP+HCM) and (Normal+HCM)—were treated with HCM. Twelve hours after treatment, all mice in the experimental groups were euthanized. Under the sterile conditions, pancreatic tissues were quickly removed for evaluation of MPO enzyme activity, along with histopathological and immunohistochemical examinations. Whole blood samples were obtained to evaluate levels of amylase and lipase (Figure 1).

**Determination of levels of serum amylase and lipase**

Determination of amylase and lipase, along with histopathological examinations, were used for characterization of AP induction in experimental animal models and evaluation of treatment effects. The blood samples were centrifuged at 2500 rpm for 10 minutes at 4°C. Serum samples were stored at -80°C in an ultra-low temperature freezer (New Brunswick, Eppendorf Co.). A biochemical autoanalyzer (Roche Hitachi 917) measured serum levels of amylase and lipase using the calorimetric method (Pars Azmoon Co., Tehran, Iran).

**Histopathological examination**

At the end of the experimental procedure, a part of the pancreatic tissue was used for the histopathological examination. After washing with PBS, pancreatic samples were fixed in 10% buffered formaldehyde following the histopathological processing, and stained with hematoxylin and eosin (H&E) to investigate acinar cell vacuolization, leukocyte infiltration, acinar cell necrosis, edema, and hemorrhage. Finally, the pancreatic tissue sections were examined using the optical microscope at 100X and 400X. Six sections per tissue and seven animals per group were analyzed.

**Immunohistochemical examination**

The pancreatic sections collected from the experimental groups were immunostained with IL-6, which is an indicator of inflammation. Immunohistochemistry was performed as previously described.
important inflammatory biomarker in AP. Briefly, after deparaffinization (65-70°C for 30 minutes) and hydration, antigen retrieval was performed using Universal HIER Ag Retrieval Reagent (Abcam Biotechnology Co., ab208572) (95°C for 20-60 minutes). The samples were blocked using blocking buffer (goat serum, BSA, Tween 20, Triton X100, PBS) (37°C for 60 minutes), then incubated with rabbit polyclonal antibody of anti-mouse IL-6 (Abcam Biotechnology Co., ab208113) (1:200 in PBS+1% BSA) overnight at 4°C. Endogenous peroxidase of tissue samples was quenched with 0.3% hydrogen peroxide (15-20 minutes at dark room). Following washing with PBS, sections were detected with a sheep anti-rabbit Ig secondary antibody conjugated to HRP (Padza Co., Tehran, Iran, pz5684) (1:500 in PBS+1% BSA), then a solution of 0.1% 3, 3-diaminobenzidine and 0.02% H₂O₂.

Finally, the samples were stained with hematoxylin and prepared after dehydration and mounting. The samples were examined using the optical microscope at 100X and 400X. Six sections per tissue and seven animals per group were analyzed by ImageJ Software.

Evaluation of myeloperoxidase enzyme activity
Pancreas MPO enzyme level was measured by the MPO assay kit (Nampox™, Navand Salamat Co., Uremia, Iran), according to the standard protocol. Briefly, frozen pancreatic tissue samples were weighed and homogenized in sample buffer 1X (pH=6.0) containing 0.5% hexadecyl trimethyl ammonium bromide. The samples were centrifuged at 10 000 rpm for 10 minutes in 4°C. Absorbance measurements were recorded at 450 nm in the supernatant using TMB and H₂O₂. The results of MPO assay were reported as the OD/mg tissue.

Statistical analysis
Data was analyzed using GraphPad Prism 5 software, and experimental groups were compared using one-way ANOVA with Tukey’s multiple comparison or Student’s t test statistical analysis. Data was presented as a mean ± standard deviation (SD). A P value < 0.05 was set as the statistical significance level.

Results and Discussion
AD-MSCs and HP-MSCs characterization by morphological evaluation, differentiation assay and flow cytometry analysis
Morphological evaluation of MSCs and HP-MSCs showed typical spindle-shaped fibroblast-like adherent cells after in vitro expansion using the inverted phase-contrast microscopy (Figure 2A, B).

Following 3 weeks of culture in the differentiation media, the osteogenic and adipogenic potency of MSCs and HP-MSCs were confirmed using Alizarin Red S and Oil Red O, respectively. The results of differentiation assay revealed that MSCs and HP-MSCs did not vary in their differentiation into osteoblasts and adipocytes (Figure 2C-F).

According to the recommended criteria for the definition of MSCs, immunophenotyping analysis of MSCs and HP-MSCs showed that both MSCs and HP-MSCs expressed low levels of hematopoietic surface markers—like CD34 and CD45—while these cells expressed increased levels of mesenchymal surface markers—including CD44 and CD105. The percentage of each surface marker in MSCs and HP-MSCs is presented in Figure 2G. The results of the morphological evaluation, differentiation potency assay and immunophenotyping analysis showed that HP-MSCs preserve MSC characteristics after hypoxic preconditioning (2%-5% O₂ for 48 hours).

Hypoxic preconditioning verification by the mRNA expression level of HIF-1α
To verify the effect of hypoxia on MSCs, the mRNA expression level of HIF-1α was analyzed in AD-MSCs and
HP-MSCs by real-time PCR. Results showed that MSCs cultured in hypoxic conditions (HP-MSC) significantly expressed a high level of HIF-1α in comparison to the MSCs cultured in standard conditions (MSC) (3.98-fold, \( P < 0.05 \)) (Figure 3A). To obtain these results, three series of cultured MSCs and HP-MSCs were extracted and analyzed.

**Total protein assay of CM and HCM**

After 48 hours incubation of MSCs under standard and hypoxic conditions in serum-free DMEM/F12 media, protein concentration in MSC and HP-MSC derived CM were calculated using the Pierce™ BCA protein assay kit. The results demonstrated that MSCs cultured for 48 h in hypoxic conditions (HP-MSC) produced significantly higher (\( P < 0.05 \)) levels of proteins compared to MSCs cultured in standard conditions (MSC) (Figure 3B).

*In vitro* pre-conditioning can improve the effects of MSC and CM via over-expression of cytoprotective genes.\(^{34,40,41}\) Some notable studies demonstrated that hypoxic preconditioning increases the expression level of HIF-1α, which acts an important gene in the upregulation of cytoprotective factors. Previous studies reported that hypoxic conditions modulate the paracrine activity, upregulates the secretable factors and increases the protein levels of HP-MSCs similar to that of MSCs cultured in the normal conditions.\(^{32,42}\)

Our *in vitro* findings demonstrate that hypoxic preconditioning of adipose-derived MSCs (2-5% O\(_2\) for 48 hours) does not change the morphology, differentiation...
potency or phenotyping characteristics of MSCs (Figure 2), yet it significantly increases the expression of HIF-1α in HP-MSCs and total protein concentration in CM derived from HP-MSCs (Figure 3).

**Effect of CM and HCM on serum amylase and lipase levels**

One of the criteria for diagnosing AP is elevated levels of amylase and lipase.\textsuperscript{2,13,43} The cerulein-induced AP mice (AP group) is characterized by a significantly higher level of serum amylase and lipase ($P < 0.001$, Figure 4A, B). As demonstrated in Figure 4A and 4B, intraperitoneal injection of CM and HCM significantly reduced levels of amylase and lipase activity compared with the AP group ($P < 0.05$, $P < 0.01$, $P < 0.001$). There was no statistically significant difference in levels of amylase and lipase between the Normal mice compared to the Normal+CM and Normal+HCM mice.

Despite the progression in understanding the immunopathological mechanisms of AP, there is still no satisfactory approach for curing this inflammatory disease, as current approaches for the treatment of AP chiefly target the symptoms rather than relieving pancreatic tissue injury.\textsuperscript{1,2,5,6,9,11,13,44,45} Therefore, an efficient therapeutic approach with an anti-inflammatory and regenerative potential is useful for the treatment of AP patients. In this research, we aimed to explore the therapeutic effect of CM and HCM of AD-MSCs in an experimental model of AP.

Previous studies recommend that the use of MSCs can mitigate experimental AP, inhibit inflammation and ameliorate pancreas tissue damage.\textsuperscript{23-25} MSC-based therapy utilizing all the MSC components faces some obstacles, such as survival rate of transplanted cells and ethical concerns.\textsuperscript{22,29,46} Regarding the limitations of MSC use in the treatment of AP, there is no warranted clinical trial in the therapy of AP.\textsuperscript{24,25} Some studies reported the anti-inflammatory and regenerative effects of MSC-derived CM.\textsuperscript{17,22,36} Proteomics analysis of MSC-CM showed several cytokines, chemokines and growth factors with anti-inflammatory, anti-apoptotic, anti-fibrotic and regenerative properties.\textsuperscript{28,31} Therefore, it seems that CM, as a multi-functional drug, can be a suitable and simplified new approach for the treatment of AP. Similar to other studies that reported the anti-inflammatory and regenerative effects of MSC in animal models of AP,\textsuperscript{24,25} our \textit{in vivo} results show that CM and HCM can significantly decrease the serum amylase and, especially, lipase levels (Figure 4A, B).

**Effect of CM and HCM on histopathological findings**

Acinar cell injury and inflammatory cell accumulation are the essential indicators to determine the severity of tissue damage in AP.\textsuperscript{5,9} Histopathological results showed that cerulein significantly lead to tissue injury and leukocyte infiltration in pancreatic tissue of AP mice (Figure 5G, H) compared to the Normal group (Figure 5A, B). After treatment of AP mice with CM (Figure 5I, J) and HCM (Figure 5K, L), leukocyte infiltration and acinar cell vacuolization were significantly reduced in the treated groups as compared to the AP group (Figure 5M, N). However, there was no significant difference in the acinar cell necrosis, edema and hemorrhage between experimental groups (Supplementary file 1, Figures S1-S3).

Histopathological findings of the current study demonstrated that CM and HCM can attenuate acinar cell vacuolization and decrease the leukocyte infiltration in cerulein-induced AP (Figure 5). Because of the short time period between treatment intervention and histopathological examination, it seems the anti-inflammatory effects of the CM and HCM are more obvious than the regenerative effects. MSC-CM includes many anti-inflammatory mediators—mainly PGE2,IDO, HGF, TGF-β and IL-10—which can inhibit the inflammatory cascade and tissue injury in several inflammatory diseases.\textsuperscript{17,21,36,47}

**Effect of CM and HCM on immunohistochemical findings**

Immunohistochemical staining results showed a high expression of IL-6 in the parenchyma areas of pancreatic tissues in AP mice (Figure 6G, H) compared to the Normal group (Figure 6A, B). Treatment with CM (Figure 6I, J) and HCM (Figure 6K, L) significantly decreased the
expression of this pro-inflammatory cytokine compared to the AP group (Figure 6M). CM and HCM injection to the Normal mice did not significantly affect the increase or decrease of IL-6 expression (Figure 6C-F).

Numerous animal models of AP have been created to study pathogenic mechanisms and investigate therapeutic approaches in AP. Experimental AP has been created by cerulein, sodium taurocholate (Na TCA), L-arginine, choline-deficient diet and autoimmune pancreatitis models. Cerulein-induced experimental AP is the most frequently used AP model, and is similar to human disease.23, 24 In the present study, we utilize the cerulein-induced model to evaluate the ability of CM and HCM in the treatment of AP. Cerulein induces high levels of reactive oxygen species and cytokines production, such as IL-6 in acinar cells by NF-KB stimulation.41 Previous studies showed that there is a positive correlation between levels of IL-6 and severity of AP.42,43 In our AP model, immunohistochemical results demonstrate significant reduction in expression of IL-6 after treatment with CM and HCM (Figure 6). In agreement with the current study, Tu et al demonstrated that MSCs with anti-inflammatory effects can mitigate severe AP in rats via decreasing the expression of inflammatory cytokines, like IL-6.48

**Effect of CM and HCM on MPO enzyme activity**

Cerulein regulates infiltration, while inflammatory cell activation mainly affects innate immune cells, such as neutrophils within the pancreatic tissue.25 MPO is one of the principal enzymes in the azurophilic granules of leukocytes, especially neutrophils. Therefore, evaluation of MPO enzyme level shows the presence and activity of neutrophils within the inflamed tissue.8 As shown in Figure 7, the levels of MPO enzyme were significantly increased in the pancreas of AP mice compared to the Normal mice (P < 0.01). Mice that were treated with HCM demonstrate significantly reduced levels of MPO enzyme compared to the AP group (P < 0.05). But, there was no significant difference in the MPO levels after treatment with CM.

Several studies demonstrated that cerulein regulates infiltration and activation of inflammatory cells—mainly innate immune cells—within the pancreatic tissue via upregulation of intercellular adhesion molecule-1 in
pancreatic acinar cells surface. Neutrophils and MPO within their azurophilic granules play an important role in the immunopathogenesis of AP. Our investigation presents for the first time that intraperitoneal injection of HCM, unlike CM, can decrease the MPO enzyme level in AP mice (Figure 7).

Previous in vivo studies demonstrated that hypoxic preconditioning of MSCs can promote their anti-inflammatory and regenerative effects in some experimental animal models. However, our in vivo findings revealed that there was no significant difference between the effect of CM and HCM on serum amylase and lipase levels, pathological changes, IL-6 expression or MPO enzyme activity in the cerulein-induced AP (Figures 4–7). We used a single dose of CM and HCM in the current study. Some previous studies demonstrated that repeated doses of MSCs-derived CM are more effective compared to the single dose, but future investigations involving a dose-dependent manner can be helpful for understanding this issue in the AP animal models. In addition to assay total protein concentration, specific protein assay and factor discovery in the HCM can be the next step for evaluating the HCM effects in the immunopathogenesis of AP. Intravenous versus intraperitoneal injection of CM and HCM may also have different effects in the outcome of AP. Intravenous injection of CM and HCM may be considered as a cell-free treatment in the future studies in this field.

Ethical Issues
All of the animal studies were conducted with the approval of the Ethics Committee of the School of Medicine, Tehran University of Medical Sciences, Tehran, Iran (Code of Ethics: IR.TUMS.MEDICINE.REC.1396.3953).

Conflict of Interest
Authors declare no conflict of interest in this study.

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Supplementary Materials
Supplementary file 1 contains Figures S1–S3.

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