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## Message From the Spiritual Advisor

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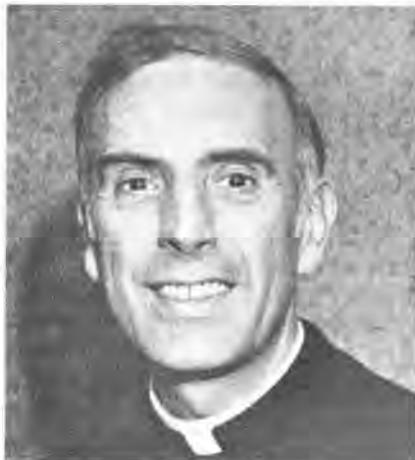
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## Message from the Spiritual Advisor



Overwhelmed by technological advances and vast studies which are daily researched seemingly at computer speed, the physician finds himself unable to keep up with the latest of scientific findings.

Faced with upcoming students not being accepted in medical schools after stiff competition, many a physician finds himself being challenged by brilliant young adults soured on the medical community pressuring for a better quality performance and asking some mighty difficult questions.

In a society that yearns for better living, yet is faced with the fact that so little time remains for the physician to enjoy himself and to do the things important in his value system, the doctor finds himself in a "catch 22" — in a life befuddled, filled with frustrations, with daily rushing to catch up, but a life which is speedily passing by. Unlike many of his other friends, the physician is unable to sit back, reflect and enjoy the only life he has here on earth.

Conscious of the importance of his patients needing rest, relaxation and recreation, he, like all other humans, must STOP, check on where he is on this pilgrim journey and decide approximately how much longer he has to get to his "new home."

Psalms 90 reads: "Our life is over like a sigh, our span is seventy years or eighty for those who are strong. And most of these are emptiness and pain. They pass swiftly and we are gone. . . . Make us know the shortness of our life that we may gain wisdom of heart. . . . Let the favor of the Lord be upon us — give success to the work of our hands."

The Catholic physician who sees his work as continuing the mission of Jesus in healing the sick must, like Jesus, take time to get away, to pray to "save himself."

At every liturgy of the Eucharist, the prayer Jesus taught us is

recited, and we plead: "In your mercy keep us free from sin and PROTECT US FROM ALL ANXIETY as we wait in joyful hope for the coming of our Saviour, Jesus Christ."

The person who is protected from all anxieties has "found it," that is, the peace for which the world is searching. He has discovered those moments of being with Christ — to meditate on His teachings, to withdraw into His green pastures, and to be healed with His love.

Granted, there is much to do. The work load is impossible, yet in the days remaining there must be the priority to take time in being with the Lord.

St. Luke warns us with the words of Jesus: "You must not set your heart on what you eat or drink, nor must you live in a state of ANXIETY." Your Father knows well the things you need, so relax, "don't worry," but in faith "set your heart on His kingdom." Then everything makes sense. Your life is successful; you are at peace; there is hope, for you are awaiting "the coming of Our Lord Jesus Christ."

— Rev. Msgr. Dino J. Lorenzetti

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