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Current Medical — Moral Comment

THOMAS J. O'DONNELL, S.J.

A recent article by Ian Jackson, F.R.C.S., on the construction of an artificial vagina by plastic surgery according to the McIndoe-Read procedure and also the Frank method suggests certain moral and canonical questions related to vaginoplasty. The moral dimension of vaginoplasty in the context of hermaphroditism and pseudohermaphroditism is concerned with the true determination of sex. The canonical significance relates to the validity of a subsequent marriage contract.

It should be pointed out that reconstructive surgery on the vagina after compromise of the external genitalia due to cancer of the cervix or other lesion is unlikely to present any problem beyond the strictly clinical. Pratt deals with this subject in an article that is both historically rich and promisingly investigative.² But when identification of the true sex of the patient is questionable, as is more likely in cases involving a congenital absence of the vagina, certain moral considerations are added to the problem.

It would seem reasonable to say that everyone has a right to be a

member of one sex or the other. To have any inconsistencies of one's sexual anatomy corrected by plastic surgery and/or pharmacological, insofar as this is clinically feasible, seems reasonable.

In cases where sex variables are totally equivocal the corrective approach may, from a moral viewpoint, be towards either sex depending upon the choice of the individual. The parents though in the case of infants should make the decision after consultation with the specialist. Delaying the decision until the child is old enough to make it, is contraindicated both anatomically and psychologically. This point was expressed in an article by Jones and Wilkins four years ago. From a moral viewpoint one could not accept Jones and Wilkins premise that most male hermaphrodites with partially masculinized genitals should be reared as females because the external genitalia are better suited to female reconstruction.³ The apparent supposition here is that one sex (male in this case) is identifiable as predominately determined. In these circumstances the moral indication would be for corrective measures in the direction of the determined sex, although not infrequently the opposite practice seems to be presented as medically acceptable. In an individual patient where determined sex is identifiable, it seems evident that the plastic construction of the external genitalia in the opposite direction would not

really change the sex. And the attempt to do so would be an unjustified mutilation. In such a case a male, externally fashioned as a female, could not validly marry, nor even attempt marriage without sexual perversion. It is also likely that his transvestism would be an occasion of sin to himself and scandal to others.

Of course, all of this suggests the extremely difficult question of exactly what sex is and how it is determined. The mere inspection of the external genitalia at birth, with the supposition that the other are within normal bounds suffices in 99.9 per cent of the population. But when the equation is equivocal, the problem becomes acute.

Although external and internal genital morphology is important, it may be compromised and less than conclusive. Chromosomal sex is indicative yet admittedly less than conclusive.⁴ Yet one cannot help feeling that too much emphasis is placed on the gender role, by some, as an almost absolute determinant. Therefore, one must not overemphasize the importance of partially developed external or even internal generative organs as indications of sex. Hamblen and his associates at Duke have pointed out the simple expedient of arriving at a decision on the evidence of gonadal predominance. They then surgically fashion the individual to fit the gonadal sex as best as one can.

4. Barr, M. L.: Cytological tests of sex. *Lancet*, 1: 47, 1957.

5. *American Journal of Ob. and Gyn.*, 74: 1228-1244, 1957.

6. *Journal of Clinical Endocrinology*, 16: 547, 1956.

This is "objective and academic" but ignores environmental, social and psychological components and is liable to be psychosexually traumatic.⁵

There is no attempt here to solve, or even adequately summarize, the problems of determination of sex in these cases. The intricacies and variables of the endocrinological and morphological dimensions of the individual cases are almost numberless. It is quite likely that, from a moral viewpoint, this comment will pose more questions than it answers. But the questions must be asked: how is sex to be determined?, what are the relative values of the variables? and in how many cases is "true hermaphroditism" (where definite sex determination is, by definition, impossible) to be distinguished from "pseudohermaphroditism" (where sex is determined, but with an overlay of other sex characteristics)? Hampson and his associates posited the "seven variables of sex" as chromosomal, gonadal, hormonal, internal genital, external genital, rearing and gender orientation. This at least provides a reasonable starting point.⁶ The problem of their relative values is primarily a medical and anthropological problem. The moral dimension allows for the development of the true hermaphrodite towards either masculinity or femininity and in accordance with the clinical judgment of the physician and the wishes of the patients or parents. The moral dimension though limits the development of the pseudohermaphrodite to the completion of the already established sex. Because of the human damage and grave moral dangers

involved in an only apparent change of sex, this becomes an area where values beyond the purely clinical must be considered.

The canonical considerations pertinent to vaginoplasty arise from the concept of marital impotence. Here the church introduces an important canonical distinction between "impotence" and "sterility" which is not always evident in the accepted medical use of these two terms. Canonical impotence means the inability to perform the marital act. Canonical sterility means simply the inability to conceive. The former, if it is permanent and certain, makes subsequent marriage impossible; the latter neither invalidates nor prohibits marriage.⁷ Thus the minimum physical requirement for marriage in a woman is that she have a vagina that can be penetrated by the man she is to marry, and the absence of any or all of the post-vaginal generative organs does not constitute the impediment of impotence but only the fact of sterility.

If granted that the individual is actually of the female sex, a vagina surgically constructed in the normal

anatomical position and functional for the act of intercourse is at least probably sufficient for marriage. Therefore marriage is not to be hindered.^{8,9} Whether or not such a vagina is joined to a uterus, or whether or not a uterus is present, does not seem any more pertinent to this than to the case of a natural vagina.

It should be noted; however, that canon 1031 directs pastors to consult the bishop before assisting at a marriage when some doubt exists as to the presence of an impediment. Hence, it would be appropriate for the physician to suggest to the Catholic patient contemplating marriage that she inform her pastor of these special circumstances and suggest that her pastor consult with her physician. Moreover both prudence and charity would demand that she inform her intended husband.

8. Ford, J. C., S.J.: *Theological Studies*, 5: 533-534, 1944.
9. Healy, E. F., S.J.: *Medical Ethics*, Chicago, Loyola University Press, p. 137, 1956.
10. Tesson, P., S.J.: *New Problems in Medical Ethics* (ed. Dom. Peter Flood, O.S.B.), Westminster Newman Press, pp. 58-60, 1952.

7. *The Code of Canon Law*, canon 1068.