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Message from the Spiritual Advisor: God Influences Professions

Dino Lorenzetti

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In the study of iconography, artists have acknowledged that they spent considerable time in prayer, fasting and reflection before they attempted to paint an icon. They interpreted their work not only as a piece of art but also as a sacred image which was to be seen as an object for veneration.

The artists in the Middle Ages viewed their masterpieces as creations from their deep relationship with their Creator. As these masterful works will someday be extinct, they have in the past, and for generations to come, served their purpose in bringing humankind to loftier heights and to a spiritual enrichment.

While spirited artists touch earthly materials so that they may become awesome delights of art, physicians, with their spirit of healing, touch and uplift patients, “created a little less than the angels,” destined for eternity.

Charismatic healers acknowledge that, in preparation for a prayer service, they fast and pray so that the Spirit of the Lord will work through them that the sick may be healed, and the Father glorified.

The Scriptures record many incidents in which Jesus fasted throughout His public life, and also instructed His Apostles that certain kinds of healing can be obtained only through prayer and fasting.

The traditional teaching of the Church is that a priest is to fast before he celebrates Holy Mass, and the faithful are also obliged to fast prior to the reception of the Eucharist.

All physicians are aware of the science of medicine but few are familiar with the spiritual gifts which are afforded to those who unite themselves with the Spirit of the Lord before exercising their vocation.

It should be tried. Before undertaking serious surgery, or commencing treatment on a patient where the miracle of God’s grace is called upon for success, do fast and pray. Unite yourself with the Spirit of the Lord, so that you recreate His masterpiece. By your touching of the sick, in faith, may your “artistic icon” be a radiant object for “veneration,” so that God will be praised as His people see the sick person gain inner strength and that in the raising of “your Lazarus” to new life, you show yourself as being more than a physician — you are a Holy Man of God.

— Msgr. Dino Lorenzetti